

May 2017

Healthy Advantage™

Great savings, naturally!

TILLER & RYE

LOCAL GROCER

20 South Main Street • Brewer, Maine • (207) 573-4022
Open: Monday - Saturday 8am - 8pm
www.TillerAndRye.com



Honest Tea

Organic Bottled Tea
Peach Oo-La-Long
16 FL OZ
Selected Varieties

2/\$3
SRP: \$2.09



Honest

Give Honest Tea Peach Oo-La-Long Tea a try. It is "just a tad sweet" oolong & black tea brew with peach puree and agave syrup.



Maria And Ricardo's
Corn Tortillas
Traditional Size
12 CT

\$1.79
SRP: \$2.49



Dry Soda
Lavender Soda
4/12 OZ
Selected Varieties

\$5.49
SRP: \$8.29



Terra Chips
Sweets & Beets
6 OZ
Selected Varieties

2/\$5
SRP: \$4.09



Way Better Snacks
Tortilla Chips
Chipotle Barbeque
Purple Sweet Potato
5.5 OZ
Selected Varieties

2/\$5
SRP: \$3.99



Green Mountain Gringo
Salsa
Medium
16 OZ
Selected Varieties

\$3.99
SRP: \$6.25



Gringo Jack's
BBQ Sauce
Vermont Maple
12 FL OZ
Selected Varieties

\$3.99
SRP: \$6.59



Cardini's
Original Dressing
Caesar
12 OZ
Selected Varieties

\$2.99
SRP: \$4.39



Drew's All Natural
Dressing
Chipotle Ranch
12 FL OZ

\$2.99
SRP: \$3.89

Look for these Featured Brands



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Barbara's Bakery
Cereal
Morning Original
Oat Crunch
14 OZ
Selected Varieties
2/\$6
SRP: \$6.49



Kashi
Shredded Wheat
Biscuits Cereal
Dark Cocoa Karma
16.1 OZ
Selected Varieties
2/\$7
SRP: \$6.99



Kashi
Organic Promise
Cereal
Cinnamon Harvest
16.3 OZ
Selected Varieties
2/\$7
SRP: \$6.99



Munk Pack
Oatmeal
Fruit Squeeze
Maple Pear Quinoa
4.2 OZ
Selected Varieties
3/\$5
SRP: \$2.49



Crofter's
Organic
Just Fruit Spread
Strawberry
10 OZ
Selected Varieties
\$3.19
SRP: \$4.99



MaraNatha Natural Foods
Organic Peanut Butter
Salted Creamy
16 OZ
Selected Varieties
\$4.79
SRP: \$7.79



Annie's Homegrown
Macaroni & Cheese
Shells & White Cheddar
6 OZ
Selected Varieties
2/\$4
SRP: \$2.89



Udi's
Gluten Free
Granola
Original
12 OZ
Selected Varieties
\$3.99
SRP: \$6.79



Larabar
Nutritional Bar
Peanut Butter
Chocolate Chip
1.6 OZ
Selected Varieties
5/\$5
SRP: \$1.89



That's It
Fruit Bar
Apple & Apricot
1.2 OZ
Selected Varieties
2/\$3
SRP: \$1.89



Enjoy Life
Soft Baked Minis
Cookies
Double Chocolate Brownie
6 OZ
Selected Varieties
2/\$7
SRP: \$5.19



Eternal Artesian Water
Artesian Water
1 LTR
2/\$3
SRP: \$2.09



Hubert's
Lemonade
Strawberry
16 FL OZ
Selected Varieties
2/\$3
SRP: \$2.79



Glutino
Gluten Free Crackers
Original
4.4 OZ
Selected Varieties
\$2.99
SRP: \$4.59



Ian's Natural Foods
Panko Breadcrumb
Original
9 OZ
Selected Varieties
\$2.79
SRP: \$4.59



Glutino
Gluten Free
Pretzel Sticks
8 OZ
Selected Varieties
\$3.49
SRP: \$4.59



Gaea
Organic
Olives Snack
Kalamata
2.3 OZ
\$2.50
SRP: \$3.19



Ojai Cook
Organic Mayonnaise
16 OZ
\$3.99
SRP: \$5.89



Schar
Gluten-Free
Hot Dog Rolls
8 OZ
\$4.29
SRP: \$6.49

Svelte
Organic Protein Shakes
Chocolate
11 FL OZ
Selected Varieties

\$1.79
SRP: \$3.09

Almond Breeze
Almond Milk
Unsweetened Vanilla
64 FL OZ
Selected Varieties

\$3.99
SRP: \$5.69

Vita Coco
Coconut Water
Chilled
1.5 LTR
Selected Varieties

\$4.99
SRP: \$7.19

Maple Hill Creamery
Organic
100% Grass-Fed Cows
Whole Milk Yogurt
Plain
32 OZ
Selected Varieties

2/\$10
SRP: \$7.65

Fills you up. Keeps you going.
Gives you organic goodness.

Go Veggie!
Vegan Cheese Bars
White Cheddar
6 OZ

\$4.79
SRP: \$6.29

Organic Valley
Organic Shredded
Mexican Cheese
6 OZ
Selected Varieties

\$3.99
SRP: \$6.29



Tofutti
Better Than Cream
Cheese
Non-Hydrogenated Plain
8 OZ

\$2.99
SRP: \$4.65

Silk
Dairy Free Yogurt
Peach Mango
5.3 OZ
Selected Varieties

4/\$5
SRP: \$1.99

Jolly Llama
Sorbet Pops
Mango
4 CT
Selected Varieties

\$3.99
SRP: \$5.59

O'Doughs
Sandwich Thins
Original
18 OZ
Selected Varieties

\$4.99
SRP: \$6.69

Udi's
Gluten Free Bread
Whole Grain
12 OZ
Selected Varieties

\$3.99
SRP: \$6.99

Nasoya Foods
Organic Tofu
Vac Pack
Super Firm
16 OZ
Selected Varieties

\$2.49
SRP: \$3.59



Woodstock
Organic Frozen Fruit
Wild Blueberries
10 OZ
Selected Varieties

\$4.99
SRP: \$6.99

Ian's Natural Foods
Entrees
Wheat & Gluten Free
Chicken Nuggets
8 OZ
Selected Varieties

\$4.49
SRP: \$7.29

Quorn Foods
Meatless Nuggets
Chik N
10.6 OZ
Selected Varieties

\$3.99
SRP: \$6.09

Amy's
Gluten Free
Rice Crust Pizza
Spinach
14 OZ
Selected Varieties

\$7.99
SRP: \$11.69

Sunshine Burger Company
Organic Barbecue
Sunshine Burgers
3/2.67 OZ
Selected Varieties

\$4.19
SRP: \$5.99

Ling Ling
Potstickers
Chicken & Vegetable
13 OZ

\$4.49
SRP: \$6.65



Quinoa, Tri-Color

\$2.99

SRP: \$4.01



Adzuki Beans

\$1.59

SRP: \$ 2.20



Castor & Pollux
Jerky Strips
Salmon
4.5 OZ
Selected Varieties

\$4.49

SRP: \$6.29



Fruitables
Healthy Dog Treats
Pumpkin & Apple Flavor
7 OZ

\$2.99

SRP: \$4.69

Fire & Flavor
Charcoal Lump
Oak & Hickory
8.8 LB

\$12.99

SRP: \$12.09



Golden Temple
Hemp Granola
Strawberry Vanilla

\$2.99

SRP: \$4.49



Lundberg Family Farms
Organic Jasmine Rice

\$2.49

SRP: \$3.59



Tender & True
Canned
Cat Food
Chicken Brown Rice
5.5 OZ
Selected Varieties

\$1.49

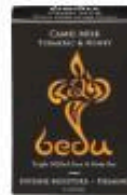
SRP: \$2.29



Tender & True
Canned
Dog Food
Chicken Brown Rice
13.2 OZ

\$2.19

SRP: \$3.09



Bedu
Camel Milk Bar Soap
Turmeric & Honey
4 OZ
Selected Varieties

\$3.99

SRP: \$6.89



Giovanni
Hair Care Products
2Chic Ultra Repair
Shampoo
Blackberry & Coconut
Milk
8.5 FL OZ
Selected Varieties

\$5.99

SRP: \$8.99



Kiss My Face
Sunscreen
Baby's First Kiss
50 SPF
4 FL OZ

\$9.99

SRP: \$15.99



The Honest Company
Bug Spray
4 FL OZ

\$12.99

SRP: \$17.19



Natural Dentist
Antiseptic Rinse
Cool Mint
16.9 FL OZ
Selected Varieties

\$6.99

SRP: \$10.99

Kills bad breath germs.
Fights infection.
Gentle on gums.



Kyolic
Detox & Antiaging
A,C,E & Herbal
Antioxidants
100 CAP

\$12.99

SRP: \$16.95



Earthrise
Spirulina
Gold Plus
90 TAB

\$9.49

SRP: \$17.49



Nutrition Now
PB8 Support
Immune System
60 CAP

\$19.99

SRP: \$34.99



Nature's Way
Organic Alive!
Smooth
Berry Fusion
15.5 OZ
Selected Varieties

\$22.49

SRP: \$39.99



Yerba Prima
Organic
Psyllium
Whole Husks
12 OZ

\$9.99

SRP: \$14.99

