

August 2017

Healthy Advantage™

Great savings, naturally!



Fiji Natural Artesian Water
Artesian Water
Single Bottle
50.7 OZ

\$2.49
SRP: \$3.35 **GF**

Earth's Finest Water.™

On a remote Pacific island, 1600 miles from the nearest continent, equatorial trade winds purify the clouds that begin FIJI Water's journey through one of the world's last virgin ecosystems. As tropical rain falls on a pristine rain forest, it filters through layers of volcanic rock, slowly gathering the natural minerals and electrolytes that give FIJI Water its soft, smooth taste. The water collects in a natural artesian aquifer, deep below the Earth's surface. Natural pressure forces the water towards the surface, where it's bottled at the source, free from human contact until you unscrew the cap. Untouched by man. The Nature of Water™.

Look for these Featured Brands



TILLER & RYE

— LOCAL GROCER —

20 South Main Street • Brewer, Maine • (207) 573-4022
Open: Monday - Saturday 8am - 8pm
www.TillerAndRye.com



Redwood Hill Farm
Goat Milk Kefir
Traditional Plain
32 FL OZ

\$5.99
SRP: \$8.59 **GF**



Food For Life Baking Co.
Organic Bread
Flax Ezekiel 4:9
24 OZ

\$4.99
SRP: \$7.09 **GF**



Zevia
Sparkling Water
Blackberry
8/12 FL OZ
Selected Varieties

\$3.99
SRP: \$7.19 **GF**



Garden Of Eatin'
Tortilla Chips
Blue Corn
8.1 OZ
Selected Varieties

2/\$5
SRP: \$3.99



Stacy's Pita Chips
Pita Chips
Simply Naked
Nothing But Sea Salt
7.33 OZ
Selected Varieties

2/\$5
SRP: \$3.49



Barbara's Bakery
Puffins Cereal
Peanut Butter
11 OZ

\$3.29
SRP: \$5.99



Back To Nature
Mini Cookies
Chocolate Chunk
6/1.25 OZ

2/\$8
SRP: \$6.19



Andalou Naturals
Age Defying
Facial Lotion
Daily Defense with
SPF 18
2.7 FL OZ

\$9.99
SRP: \$14.95

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Arrowhead Mills
Pancake & Waffle Mix
Buttermilk
26 OZ
Selected Varieties
2/\$7
SRP: \$5.79



Mighty Organic
Organic Beef Jerky
Original Mighty
2 OZ
Selected Varieties
\$5.49
SRP: \$7.89



That's It
Fruit Bar
Apple & Blueberry
1.2 OZ
Selected Varieties
2/\$3
SRP: \$1.89



Poland Spring
Natural Spring Water
1.5 Liters
50.7 FL OZ
5/\$5
SRP: \$1.39



Vita Coco
Pure Coconut Water
500 ML
Selected Varieties
2/\$4
SRP: \$3.19



Honest Kids
Organic Kids Juice Drinks
Super Fruit Punch
8/6.75 FL OZ
Selected Varieties
\$3.99
SRP: \$5.79



Santa Cruz Organic
Organic Juice
Lemonade
32 FL OZ
Selected Varieties
2/\$4
SRP: \$3.59



Prince Of Peace
Candy Chews
Ginger
4.4 OZ
\$1.79
SRP: \$2.39



Stretch Island
Fruit Leather Strip
Raspberry
.5 OZ
Selected Varieties
2/\$1
SRP: \$0.69



Yumearth Organics
Organic Fruit Snacks
Banana, Cherry,
Peach & Strawberry
5/7 OZ
Selected Varieties
\$2.99
SRP: \$4.79



R.W. Garcia
Tortilla Chips
Lentil And
Turmeric
7 OZ
Selected Varieties
2/\$5
SRP: \$3.89



Sesmark Foods
Rice Thins
Brown Rice
3.5 OZ
Selected Varieties
\$2.49
SRP: \$3.49



Annie's Homegrown
Macaroni & Cheese
Classic
6 OZ
2/\$4
SRP: \$2.89



Crofter's
Organic Premium Spread
Morello Cherry
10 OZ
Selected Varieties
\$2.79
SRP: \$4.49



Santa Cruz Organic
Organic Strawberry
Fruit Spread
9.5 OZ
Selected Varieties
\$2.99
SRP: \$4.59



Earth Balance
Peanut Butter
Creamy
16 OZ
Selected Varieties
\$3.99
SRP: \$6.49

Whichever fruit you fancy,
they've preserved the very best.



Kikkoman
Tamari Soy Sauce
Naturally Brewed
10 FL OZ
\$2.49
SRP: \$3.89



Organico Bello
Organic Salsa
Medium
15 OZ
Selected Varieties
\$3.99
SRP: \$6.69



Robert Rothschild Farm
Organic Sauce
Sriracha And Teriyaki
12.1 FL OZ
Selected Varieties
\$5.99
SRP: \$9.69



Suja Juice
Organic Juice
Mighty Dozen
12 FL OZ
Selected Varieties

\$3.99
SRP: \$5.39



Go Veggie!
Dairy Free
Rice Vegan
Slices
American Flavor
6.7 OZ
Selected Varieties

\$3.49
SRP: \$4.49



Perfect Bar
Organic Bar
Dark Chocolate
Peanut Butter
2.3 OZ
Selected Varieties

\$2.29
SRP: \$3.49



2/\$5
SRP: \$4.69



Chia Pod
Chia Pod
Coconut
6 OZ
Selected Varieties



Brown Cow Yogurt
Cream Top
Greek Yogurt
Maple
5.3 OZ
Selected Varieties

5/\$5
SRP: \$1.49



So Delicious
Coconut Milk
Yogurt
Vanilla
5.3 OZ
Selected Varieties

\$1.79
SRP: \$2.79



Rising Moon
Organic Ravioli
Five Cheese
8 OZ
Selected Varieties

\$4.49
SRP: \$5.99



Maria And Ricardo's
Corn Tortillas
Traditional Size
12 CT

\$1.49
SRP: \$2.49



Little Northern Bakehouse
Gluten Free
Bread
Millet & Chia
16 OZ

\$4.49
SRP: \$7.29



Path Of Life
Organic Quinoa
Kale
10 OZ
Selected Varieties

\$4.29
SRP: \$5.89



\$2.29
SRP: \$3.09



Red's All Natural
Organic Burrito
Chicken Cilantro Lime
4.5 OZ



Tandoor Chef
Entrée
Palak Paneer
10 OZ

\$3.49
SRP: \$4.79



Back To The Roots
Organic Flakes
Cinnamon Cluster
9 OZ

\$3.99
SRP: \$5.69



Kashi
TLC Soft-Baked
Cereal Bars
Ripe Strawberry
4/1.2 OZ
Selected Varieties

2/\$7
SRP: \$5.99



Cascadian Farm
Organic
Granola Cereal
Oats and Honey
16 OZ
Selected Varieties

\$3.79
SRP: \$6.09



Tandoor Chef
Naan Pizza
Cilantro Pesto
7.4 OZ
Selected Varieties

\$2.49
SRP: \$3.59

Incredible flavor and
nutrition to your bowl.



Organic Valley
Organic
1% Lowfat Milk
Chocolate
12/6.75 OZ
Selected Varieties

\$13.99
SRP: \$22.19



Horizon Organic Dairy
Organic
Low Fat 1% Milk
Chocolate
12/8 FL OZ
Selected Varieties

\$15.49
SRP: \$24.69



Nature's Bakery
Whole Wheat Fig Bar
Raspberry
2 OZ
Selected Varieties

4/\$3
SRP: \$0.95



Organic Apricots
Large Turkish

\$4.29/lb

SRP: \$5.87



Organic Small
Chili Beans
Red

\$1.79/lb

SRP: \$2.40



Reliant Recovery Water
Water

Original
16.9 FL OZ
Selected Varieties

\$2.59

SRP: \$3.25



Lundberg Family Farms

Organic
Basmati Rice
White

\$2.49/lb

SRP: \$3.59



Golden Temple Granola

Granola
French Vanilla Almond

\$2.99/lb

SRP: \$4.49



Kevita

Organic Sparkling
Probiotic Drink
Mojito Lime Mint
Coconut
15.2 FL OZ
Selected Varieties

\$2.49

SRP: \$3.79



Twist

Scrub Sponge
3 PK

\$2.79

SRP: \$3.99



Woodstock

Organic Snack Mix
Paleo Go

6 OZ
Selected Varieties

\$6.49

SRP: \$8.99



The Honest Company

Shampoo + Body Wash
Sweet Orange Vanilla

10 FL OZ
Selected Varieties

\$6.99

SRP: \$10.39



Alba Botanica

Natural
AcneDote Wash
Deep Pore
6 FL OZ

\$6.99

SRP: \$10.49



EO Products

Lotion
Lavendar Aloe

6 OZ
Selected Varieties

\$4.49

SRP: \$6.09



Desert Essence

Toothpaste
Tea Tree Oil And Neem
6.25 OZ
Selected Varieties

\$4.99

SRP: \$6.99



Earthy

Hand Soap
Rosemary Mint
17 OZ
Selected Varieties

\$3.49

SRP: \$4.89



Nature's Way

Primadophilus
Probiotic Gummies
60 CT

\$17.49

SRP: \$25.59



Kyolic

Cholesterol
Lecithin Formula 104
200 CAP

\$17.99

SRP: \$25.45



Hyland's Homeopathic

Cold 'n Cough 4 Kids
4 FL OZ
Selected Varieties

\$7.99

SRP: \$11.19



Nutrition Now

Multi-Vitamins Gummy
Womens
70 CT

\$7.49

SRP: \$11.19



Yummi Bears Organics

Multi-Vitamins
for Children
90 CT

\$18.99

SRP: \$26.69

