

August 2017

# Healthy Advantage™

Great savings, naturally!



**Fiji Natural Artesian Water**  
Artesian Water  
Single Bottle  
50.7 OZ

**\$2.49**  
SRP: \$3.35 **GF**

## Earth's Finest Water.™

On a remote Pacific island, 1600 miles from the nearest continent, equatorial trade winds purify the clouds that begin FIJI Water's journey through one of the world's last virgin ecosystems. As tropical rain falls on a pristine rain forest, it filters through layers of volcanic rock, slowly gathering the natural minerals and electrolytes that give FIJI Water its soft, smooth taste. The water collects in a natural artesian aquifer, deep below the Earth's surface. Natural pressure forces the water towards the surface, where it's bottled at the source, free from human contact until you unscrew the cap. Untouched by man. The Nature of Water™.

## Look for these Featured Brands



# TILLER & RYE

LOCAL GROCER

20 South Main Street • Brewer, Maine • (207) 573-4022  
Open: Monday - Saturday 8am - 8pm  
www.TillerAndRye.com



**Redwood Hill Farm**  
Goat Milk Kefir  
Traditional Plain  
32 FL OZ

**\$5.99**  
SRP: \$8.59 **GF**



**Food For Life Baking Co.**  
Organic Bread  
Flax Ezekiel 4:9  
24 OZ

**\$4.99**  
SRP: \$7.09 **GF**



**Zevia**  
Sparkling Water  
Blackberry  
8/12 FL OZ  
Selected Varieties

**\$3.99**  
SRP: \$7.19 **GF**



**Garden Of Eatin'**  
Tortilla Chips  
Blue Corn  
8.1 OZ  
Selected Varieties

**2/\$5**  
SRP: \$3.99



**Stacy's Pita Chips**  
Pita Chips  
Simply Naked  
Nothing But Sea Salt  
7.33 OZ  
Selected Varieties

**2/\$5**  
SRP: \$3.49



**Barbara's Bakery**  
Puffins Cereal  
Peanut Butter  
11 OZ

**\$3.29**  
SRP: \$5.99



**Back To Nature**  
Mini Cookies  
Chocolate Chunk  
6/1.25 OZ

**2/\$8**  
SRP: \$6.19



**Andalou Naturals**  
Age Defying  
Facial Lotion  
Daily Defense with  
SPF 18  
2.7 FL OZ

**\$9.99**  
SRP: \$14.95

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**Arrowhead Mills**  
Pancake & Waffle Mix  
Buttermilk  
26 OZ  
Selected Varieties  
**2/\$7**  
SRP: \$5.79



**Mighty Organic**  
Organic Beef Jerky  
Original Mighty  
2 OZ  
Selected Varieties  
**\$5.49**  
SRP: \$7.89



**That's It**  
Fruit Bar  
Apple & Blueberry  
1.2 OZ  
Selected Varieties  
**2/\$3**  
SRP: \$1.89



**Poland Spring**  
Natural Spring Water  
1.5 Liters  
50.7 FL OZ  
**5/\$5**  
SRP: \$1.39



**Vita Coco**  
Pure Coconut Water  
500 ML  
Selected Varieties  
**2/\$4**  
SRP: \$3.19



**Honest Kids**  
Organic Kids Juice Drinks  
Super Fruit Punch  
8/6.75 FL OZ  
Selected Varieties  
**\$3.99**  
SRP: \$5.79



**Santa Cruz Organic**  
Organic Juice  
Lemonade  
32 FL OZ  
Selected Varieties  
**2/\$4**  
SRP: \$3.59



**Prince Of Peace**  
Candy Chews  
Ginger  
4.4 OZ  
**\$1.79**  
SRP: \$2.39



**Stretch Island**  
Fruit Leather Strip  
Raspberry  
.5 OZ  
Selected Varieties  
**2/\$1**  
SRP: \$0.69



**Yumearth Organics**  
Organic Fruit Snacks  
Banana, Cherry,  
Peach & Strawberry  
5/7 OZ  
Selected Varieties  
**\$2.99**  
SRP: \$4.79



**R. W. Garcia**  
Tortilla Chips  
Lentil And  
Turmeric  
7 OZ  
Selected Varieties  
**2/\$5**  
SRP: \$3.89



**Sesmark Foods**  
Rice Thins  
Brown Rice  
3.5 OZ  
Selected Varieties  
**\$2.49**  
SRP: \$3.49



**Annie's Homegrown**  
Macaroni & Cheese  
Classic  
6 OZ  
**2/\$4**  
SRP: \$2.89



**Crofter's**  
Organic Premium Spread  
Morello Cherry  
10 OZ  
Selected Varieties  
**\$2.79**  
SRP: \$4.49



**Santa Cruz Organic**  
Organic Strawberry  
Fruit Spread  
9.5 OZ  
Selected Varieties  
**\$2.99**  
SRP: \$4.59



**Earth Balance**  
Peanut Butter  
Creamy  
16 OZ  
Selected Varieties  
**\$3.99**  
SRP: \$6.49

Whichever fruit you fancy,  
they've preserved the very best.



**Kikkoman**  
Tamari Soy Sauce  
Naturally Brewed  
10 FL OZ  
**\$2.49**  
SRP: \$3.89



**Organico Bello**  
Organic Salsa  
Medium  
15 OZ  
Selected Varieties  
**\$3.99**  
SRP: \$6.69



**Robert Rothschild Farm**  
Organic Sauce  
Sriracha And Teriyaki  
12.1 FL OZ  
Selected Varieties  
**\$5.99**  
SRP: \$9.69



**Suja Juice**  
Organic Juice  
Mighty Dozen  
12 FL OZ  
Selected Varieties

**\$3.99**  
SRP: \$5.39



**Go Veggie!**  
Dairy Free  
Rice Vegan  
Slices  
American Flavor  
6.7 OZ  
Selected Varieties

**\$3.49**  
SRP: \$4.49



**Perfect Bar**  
Organic Bar  
Dark Chocolate  
Peanut Butter  
2.3 OZ  
Selected Varieties

**\$2.29**  
SRP: \$3.49



**2/\$5**  
SRP: \$4.69



**Chia Pod**  
Chia Pod  
Coconut  
6 OZ  
Selected Varieties



**Brown Cow Yogurt**  
Cream Top  
Greek Yogurt  
Maple  
5.3 OZ  
Selected Varieties

**5/\$5**  
SRP: \$1.49



**So Delicious**  
Coconut Milk  
Yogurt  
Vanilla  
5.3 OZ  
Selected Varieties

**\$1.79**  
SRP: \$2.79



**Rising Moon**  
Organic Ravioli  
Five Cheese  
8 OZ  
Selected Varieties

**\$4.49**  
SRP: \$5.99



**Maria And Ricardo's**  
Corn Tortillas  
Traditional Size  
12 CT

**\$1.49**  
SRP: \$2.49



**Little Northern Bakehouse**  
Gluten Free  
Bread  
Millet & Chia  
16 OZ

**\$4.49**  
SRP: \$7.29



**Path Of Life**  
Organic Quinoa  
Kale  
10 OZ  
Selected Varieties

**\$4.29**  
SRP: \$5.89



**\$2.29**  
SRP: \$3.09



**Red's All Natural**  
Organic Burrito  
Chicken Cilantro Lime  
4.5 OZ



**Tandoor Chef**  
Entrée  
Palak Paneer  
10 OZ

**\$3.49**  
SRP: \$4.79



**Back To The Roots**  
Organic Flakes  
Cinnamon Cluster  
9 OZ

**\$3.99**  
SRP: \$5.69



**Kashi**  
TLC Soft-Baked  
Cereal Bars  
Ripe Strawberry  
4/1.2 OZ  
Selected Varieties

**2/\$7**  
SRP: \$5.99



**Cascaidian Farm**  
Organic  
Granola Cereal  
Oats and Honey  
16 OZ  
Selected Varieties

**\$3.79**  
SRP: \$6.09



**Tandoor Chef**  
Naan Pizza  
Cilantro Pesto  
7.4 OZ  
Selected Varieties

**\$2.49**  
SRP: \$3.59

Incredible flavor and  
nutrition to your bowl.



**Organic Valley**  
Organic  
1% Lowfat Milk  
Chocolate  
12/6.75 OZ  
Selected Varieties

**\$13.99**  
SRP: \$22.19



**Horizon Organic Dairy**  
Organic  
Low Fat 1% Milk  
Chocolate  
12/8 FL OZ  
Selected Varieties

**\$15.49**  
SRP: \$24.69



**Nature's Bakery**  
Whole Wheat Fig Bar  
Raspberry  
2 OZ  
Selected Varieties

**4/\$3**  
SRP: \$0.95



Organic Apricots  
Large Turkish

**\$4.29/lb**

SRP: \$5.87



Organic Small  
Chili Beans  
Red

**\$1.79/lb**

SRP: \$2.40



Reliant Recovery Water  
Water

Original  
16.9 FL OZ  
Selected Varieties

**\$2.59**

SRP: \$3.25



Lundberg Family Farms

Organic  
Basmati Rice  
White

**\$2.49/lb**

SRP: \$3.59



Golden Temple Granola  
Granola  
French Vanilla Almond

**\$2.99/lb**

SRP: \$4.49



Kevita  
Organic Sparkling  
Probiotic Drink  
Mojito Lime Mint  
Coconut  
15.2 FL OZ  
Selected Varieties

**\$2.49**

SRP: \$3.79



Twist  
Scrub Sponge  
3 PK

**\$2.79**

SRP: \$3.99



Woodstock  
Organic Snack Mix  
Paleo Go  
6 OZ  
Selected Varieties

**\$6.49**

SRP: \$8.99



The Honest Company  
Shampoo + Body Wash  
Sweet Orange Vanilla  
10 FL OZ  
Selected Varieties

**\$6.99**

SRP: \$10.39



Alba Botanica  
Natural  
AcneDote Wash  
Deep Pore  
6 FL OZ

**\$6.99**

SRP: \$10.49



EO Products  
Lotions  
Lavendar Aloe  
6 OZ  
Selected Varieties

**\$4.49**

SRP: \$6.09



Desert Essence  
Toothpaste  
Tea Tree Oil And Neem  
6.25 OZ  
Selected Varieties

**\$4.99**

SRP: \$6.99



Earthy  
Hand Soap  
Rosemary Mint  
17 OZ  
Selected Varieties

**\$3.49**

SRP: \$4.89



Nature's Way  
Primadophilus  
Probiotic Gummies  
60 CT

**\$17.49**

SRP: \$25.59



Kyolic  
Cholesterol  
Lecithin Formula 104  
200 CAP

**\$17.99**

SRP: \$25.45



Hyland's Homeopathic  
Cold 'n Cough 4 Kids  
4 FL OZ  
Selected Varieties

**\$7.99**

SRP: \$11.19



Nutrition Now  
Multi-Vitamins Gummy  
Womens  
70 CT

**\$7.49**

SRP: \$11.19



Yummi Bears Organics  
Multi-Vitamins  
for Children  
90 CT

**\$18.99**

SRP: \$26.69

