

October 2017

Healthy Advantage™

Great savings, naturally!



**Endangered Species
Chocolate**
Dark Chocolate Bar
88% Cocoa
3 OZ
Selected Varieties

2/\$5

SRP: \$3.65



endangered species
Chocolate

Endangered Species Chocolate donates 10% of net profits to organizations that support species conservation, habitat preservation and humanitarian efforts.



Look for these Featured Brands



TILLER & RYE

LOCAL GROCER

20 South Main Street • Brewer, Maine • (207) 573-4022

Open: Monday - Saturday 8am - 8pm

www.TillerAndRye.com



Califia Farms

Almond Milk
Matcha
10.5 FL OZ
Selected Varieties

\$2.49

SRP: \$3.55



Food For Life Baking Co.

Organic Sprouted
Wheat Bread
7 Grain
24 OZ
Selected Varieties

\$4.99

SRP: \$7.09



Arrowhead Mills

Pancake &
Waffle Mix
Buttermilk
26 OZ
Selected Varieties

2/\$7

SRP: \$5.79



Celestial Seasonings

Green Tea
Decaffeinated
20 BAG
Selected Varieties

2/\$5

SRP: \$3.99



Garden Of Eatin'

Tortilla Chips
Blue Corn
8.1 OZ
Selected Varieties

2/\$5

SRP: \$3.99



Rao's Specialty Food

Pasta Sauce
Marinara
24 OZ
Selected Varieties

\$6.99

SRP: \$10.39



Coombs Family Farms

Organic
Maple Syrup
Grade A Dark Color
Robust Taste
32 FL OZ

\$22.49

SRP: \$33.09



Alba Botanica

Very Emollient
Body Lotion
Coconut Rescue
32 OZ

\$10.49

SRP: \$14.99

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Cascadian Farm
Organic Chewy
Granola Bars
Chocolate Chip
7.4 OZ

\$3.79
SRP: \$5.79



Udi's
Gluten Free
Granola
Original
12 OZ
Selected Varieties

\$3.99
SRP: \$6.79



Essential Baking Company
Organic Bread
French Baguette
12 OZ

\$3.49
SRP: \$5.49



Glee Gum
Sugar Free
Chewing Gum
Bubble Gum
16 PC
Selected Varieties

99¢
SRP: \$1.49



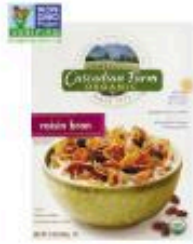
Think! Thin
Protein And Fiber
Oatmeal
Honey Peanut Butter
6/1.76 OZ

\$3.99
SRP: \$5.29



Barbara's Bakery
Puffins Cereal
Peanut Butter
11 OZ

2/\$6
SRP: \$5.99



Cascadian Farm
Organic Cereal
Raisin Bran
12 OZ

2/\$8
SRP: \$5.89



Brad's Plant Based
Organic
Crunchy Kale
Original
2.0 OZ
Selected Varieties

\$3.49
SRP: \$5.49



G.H. Cretors
Popcorn
Chicago Mix
7.5 OZ

\$2.99
SRP: \$4.45



Glutino
Gluten Free
Pretzel Sticks
8 OZ

\$3.49
SRP: \$4.59



Hippeas
Organic Chickpea Puffs
White Cheddar
4 OZ
Selected Varieties

2/\$6
SRP: \$4.05



Midel
Cookies
Ginger Snaps
10 OZ
Selected Varieties

\$3.49
SRP: \$4.69



Annie's Homegrown
Bunny Crackers
Cheddar
7.5 OZ

\$3.49
SRP: \$5.00



Mary's Gone Crackers
Organic Crackers
Super Seed
5.5 OZ
Selected Varieties

\$4.49
SRP: \$6.39



Annie's Homegrown
Organic
Macaroni & Cheese
Classic Mild Cheddar
6 OZ
Selected Varieties

\$2.79
SRP: \$3.89



Tasty Bite
Heat & Eat Indian
Cuisine Entree
Kashmir Spinach
10 OZ
Selected Varieties

2/\$5
SRP: \$3.99



Green Mountain Gringo
Salsa
Medium
16 OZ
Selected Varieties

\$3.99
SRP: \$6.25



Wolfgang Puck
Organic Soup
Free Range Chicken Noodle
14.5 OZ
Selected Varieties

2/\$5
SRP: \$3.49





Harmless Harvest
Organic
Coconut Water
100% Raw
16 FL OZ
2/\$9
SRP: \$6.59



So Delicious
Organic Dairy Free
Coconutmilk
Beverage
Unsweetened
64 FL OZ
Selected Varieties
\$2.99
SRP: \$4.89



So Delicious
Shredded Cheese
Cheddar
8 OZ
Selected Varieties
\$4.49
SRP: \$6.79



Chia Pod
Chia Pod
Coconut
6 OZ
Selected Varieties
\$2.79
SRP: \$4.69



Farmhouse Culture
Organic Kraut
Classic Caraway
16 OZ
Selected Varieties
\$5.99
SRP: \$8.39



Hail Merry Snacks
Merry Bites
Chocolate Chip
Cookie Dough
3.5 OZ
Selected Varieties
2/\$6
SRP: \$4.79



Lightlife Foods
Smart Bacon
Meatless Veggie
Bacon Strips
5 OZ
\$3.29
SRP: \$4.99



Nasoya Foods
Organic Tofu
Vac Pack
Super Firm
16 OZ
\$2.49
SRP: \$3.59



Siggi's Skyr
Non Fat
Icelandic
Yogurt
Vanilla
24 OZ
\$4.99
SRP: \$7.79



Kashi
Waffles
Original 7 Grain
10.10 OZ
Selected
Varieties
\$2.99
SRP: \$5.09



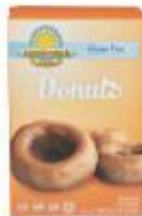
Van's Natural Foods
Waffles
Totally Original
9 OZ
Selected Varieties
\$2.79
SRP: \$3.95



Katz Gluten Free
Pie
Gluten Free
Pumpkin
8.25 OZ
\$5.99
SRP: \$8.19



Woodstock
Frozen Vegetables
Petite Brussel Sprouts
10 OZ
Selected Varieties
\$1.99
SRP: \$3.09



Kinnikinnick
Donuts
Pumpkin Spice
11.3 OZ
Selected Varieties
\$4.49
SRP: \$6.79



Kashi
Bowl
Sweet Potato Quinoa
9 OZ
\$3.99
SRP: \$5.95



Rising Moon
Organic Ravioli
Butternut Squash
8 OZ
Selected Varieties
\$3.99
SRP: \$5.99



Quorn Foods
Meatless Nuggets
Chik N
10.6 OZ
Selected Varieties
\$3.99
SRP: \$6.09



Quality Bulk

100% Organic
Quinoa
Tri-Color
\$2.69/lb
SRP: \$3.59

100% Organic
Almonds
Raw
\$9.29/lb
SRP: \$12.60

Organic Beans
Garbanzo Chickpea
\$1.79/lb
SRP: \$2.40

Golden Temple
Bulk Granola at its Best!

Golden Temple Granola
Wild Blueberry Flax
Granola
\$2.99/lb
SRP: \$4.49
Selected Varieties



Plum Organics
Organic
Eat Your Colors
Stage 2 Red
3.5 OZ
Selected Varieties
\$1.49
SRP: \$2.29



Lundberg Family Farms
Rice
Arborio White
2 LB
\$5.79
SRP: \$8.39



Vita Coco
Pure Coconut
Water
Never From
Concentrate
500 ML
Selected
Varieties

2/\$4
SRP: \$3.19



Mount Hagen
Organic
Coffee
Freeze Dried
3.53 OZ

\$9.99
SRP: \$12.89



Ecover
2X Laundry
Liquid
Fragrance Free
93 FL OZ

\$12.49
SRP: \$19.99



Spectrum Naturals
Organic
Extra Virgin
Olive Oil
Mediterranean
& Unrefined
33.8 FL OZ

\$10.99
SRP: \$18.59



Tinkyada
Pasta
Brown Rice Spirals
16 OZ
Selected Varieties

\$2.99
SRP: \$4.49



Kiss My Face
Natural Active Life
Deodorant
Cucumber Green Tea
2.48 OZ
Selected Varieties

2/\$8
SRP: \$5.99



Giovanni Hair Care Products
2Chic Shampoo
Cherry Blossom
And Rose Petals
8.5 FL OZ

\$5.99
SRP: \$8.99



Nature's Gate
Conditioner
Moisturizing Aloe
Vera + Macadamia Oil
18 FL OZ
Selected Varieties

\$5.49
SRP: \$8.69



Clearly Natural
Glycerine Bar Soap
Aloe Vera
4 OZ
Selected Varieties

\$1.29
SRP: \$2.19



Evolve
Protein Shake
Vanilla
12 FL OZ
Selected Varieties

\$3.49
SRP: \$5.19



Kyo-Dophilus
Kyo-Dophilus 9
90 CAP

\$20.99
SRP: \$29.45



Bach
Rescue Plus
Stress Complex
Mixed Berry
15 CT

\$9.99
SRP: \$14.99



Bairon
Cold Calm
Homeopathic
Cold Medicine
60 TAB

\$8.49
SRP: \$13.19



American Health
Ester-C 500
With Citrus
Bioflavonoids
120 CAP

\$11.99
SRP: \$18.39