

October 2017

# Healthy Advantage™

Great savings, naturally!



**Endangered Species  
Chocolate**  
Dark Chocolate Bar  
88% Cocoa  
3 OZ  
Selected Varieties

**2/\$5**

SRP: \$3.65



endangered species  
Chocolate

Endangered Species Chocolate donates 10% of net profits to organizations that support species conservation, habitat preservation and humanitarian efforts.



## Look for these Featured Brands



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# TILLER & RYE

— LOCAL GROCER —

20 South Main Street • Brewer, Maine • (207) 573-4022  
Open: Monday - Saturday 8am - 8pm  
www.TillerAndRye.com



**Califia Farms**  
Almond Milk  
Matcha  
10.5 FL OZ  
Selected Varieties

**\$2.49**

SRP: \$3.55



**Food For Life Baking Co.** **\$4.99**  
Organic Sprouted  
Wheat Bread  
7 Grain  
24 OZ  
Selected Varieties

SRP: \$7.09



**Arrowhead Mills**  
Pancake &  
Waffle Mix  
Buttermilk  
26 OZ  
Selected Varieties

**2/\$7**

SRP: \$5.79



**Celestial Seasonings**  
Green Tea  
Decaffeinated  
20 BAG  
Selected Varieties

**2/\$5**

SRP: \$3.99



**Garden Of Eatin'**  
Tortilla Chips  
Blue Corn  
8.1 OZ  
Selected Varieties

**2/\$5**

SRP: \$3.99



**Rao's Specialty Food**  
Pasta Sauce  
Marinara  
24 OZ  
Selected Varieties

**\$6.99**

SRP: \$10.39



**Coombs Family Farms**  
Organic  
Maple Syrup  
Grade A Dark Color  
Robust Taste  
32 FL OZ

**\$22.49**

SRP: \$33.09



**Alba Botanica**  
Very Emollient  
Body Lotion  
Coconut Rescue  
32 OZ

**\$10.49**

SRP: \$14.99

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**Cascadian Farm**  
Organic Chewy  
Granola Bars  
Chocolate Chip  
7.4 OZ

**\$3.79**  
SRP: \$5.79



**Udi's**  
Gluten Free  
Granola  
Original  
12 OZ  
Selected Varieties

**\$3.99**  
SRP: \$6.79



**Essential Baking Company**  
Organic Bread  
French Baguette  
12 OZ

**\$3.49**  
SRP: \$5.49



**Glee Gum**  
Sugar Free  
Chewing Gum  
Bubble Gum  
16 PC  
Selected Varieties

**99¢**  
SRP: \$1.49



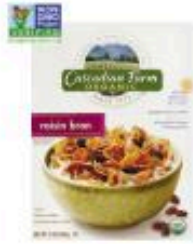
**Think! Thin**  
Protein And Fiber  
Oatmeal  
Honey Peanut Butter  
6/1.76 OZ

**\$3.99**  
SRP: \$5.29



**Barbara's Bakery**  
Puffins Cereal  
Peanut Butter  
11 OZ

**2/\$6**  
SRP: \$5.99



**Cascadian Farm**  
Organic Cereal  
Raisin Bran  
12 OZ

**2/\$8**  
SRP: \$5.89



**Brad's Plant Based**  
Organic  
Crunchy Kale  
Original  
2.0 OZ  
Selected Varieties

**\$3.49**  
SRP: \$5.49



**G.H. Cretors**  
Popcorn  
Chicago Mix  
7.5 OZ

**\$2.99**  
SRP: \$4.45



**Glutino**  
Gluten Free  
Pretzel Sticks  
8 OZ

**\$3.49**  
SRP: \$4.59



**Hippeas**  
Organic Chickpea Puffs  
White Cheddar  
4 OZ  
Selected Varieties

**2/\$6**  
SRP: \$4.05



**Midel**  
Cookies  
Ginger Snaps  
10 OZ  
Selected Varieties

**\$3.49**  
SRP: \$4.69



**Annie's Homegrown**  
Bunny Crackers  
Cheddar  
7.5 OZ

**\$3.49**  
SRP: \$5.00



**Mary's Gone Crackers**  
Organic Crackers  
Super Seed  
5.5 OZ  
Selected Varieties

**\$4.49**  
SRP: \$6.39



**Annie's Homegrown**  
Organic  
Macaroni & Cheese  
Classic Mild Cheddar  
6 OZ  
Selected Varieties

**\$2.79**  
SRP: \$3.89



**Tasty Bite**  
Heat & Eat Indian  
Cuisine Entree  
Kashmir Spinach  
10 OZ  
Selected Varieties

**2/\$5**  
SRP: \$3.99



**Green Mountain Gringo**  
Salsa  
Medium  
16 OZ  
Selected Varieties

**\$3.99**  
SRP: \$6.25



**Wolfgang Puck**  
Organic Soup  
Free Range Chicken Noodle  
14.5 OZ  
Selected Varieties

**2/\$5**  
SRP: \$3.49





**Harmless Harvest**  
Organic  
Coconut Water  
100% Raw  
16 FL OZ  
**2/\$9**  
SRP: \$6.59



**So Delicious**  
Organic Dairy Free  
Coconutmilk  
Beverage  
Unsweetened  
64 FL OZ  
Selected Varieties  
**\$2.99**  
SRP: \$4.89



**So Delicious**  
Shredded Cheese  
Cheddar  
8 OZ  
Selected Varieties  
**\$4.49**  
SRP: \$6.79



**Chia Pod**  
Chia Pod  
Coconut  
6 OZ  
Selected Varieties  
**\$2.79**  
SRP: \$4.69



**Farmhouse Culture**  
Organic Kraut  
Classic Caraway  
16 OZ  
Selected Varieties  
**\$5.99**  
SRP: \$8.39



**Hail Merry Snacks**  
Merry Bites  
Chocolate Chip  
Cookie Dough  
3.5 OZ  
Selected Varieties  
**2/\$6**  
SRP: \$4.79



**Lightlife Foods**  
Smart Bacon  
Meatless Veggie  
Bacon Strips  
5 OZ  
**\$3.29**  
SRP: \$4.99



**Nasoya Foods**  
Organic Tofu  
Vac Pack  
Super Firm  
16 OZ  
**\$2.49**  
SRP: \$3.59



**Siggi's Skyr**  
Non Fat  
Icelandic  
Yogurt  
Vanilla  
24 OZ  
**\$4.99**  
SRP: \$7.79



**Kashi**  
Waffles  
Original 7 Grain  
10.10 OZ  
Selected Varieties  
**\$2.99**  
SRP: \$5.09



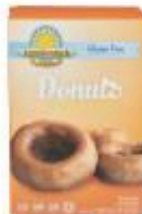
**Van's Natural Foods**  
Waffles  
Totally Original  
9 OZ  
Selected Varieties  
**\$2.79**  
SRP: \$3.95



**Katz Gluten Free**  
Pie  
Gluten Free  
Pumpkin  
8.25 OZ  
**\$5.99**  
SRP: \$8.19



**Woodstock**  
Frozen Vegetables  
Petite Brussel Sprouts  
10 OZ  
Selected Varieties  
**\$1.99**  
SRP: \$3.09



**Kinnikinnick**  
Donuts  
Pumpkin Spice  
11.3 OZ  
Selected Varieties  
**\$4.49**  
SRP: \$6.79



**Kashi**  
Bowl  
Sweet Potato Quinoa  
9 OZ  
**\$3.99**  
SRP: \$5.95



**Rising Moon**  
Organic Ravioli  
Butternut Squash  
8 OZ  
Selected Varieties  
**\$3.99**  
SRP: \$5.99



**Quorn Foods**  
Meatless Nuggets  
Chik N  
10.6 OZ  
Selected Varieties  
**\$3.99**  
SRP: \$6.09



*Quality Bulk*

100% Organic Quinoa Tri-Color  
**\$2.69/lb**  
 SRP: \$3.59  
 100% Organic Almonds Raw  
**\$9.29/lb**  
 SRP: \$12.60

Organic Beans Garbanzo Chickpea  
**\$1.79/lb**  
 SRP: \$2.40

**Golden Temple**  
*Bulk Granola at its Best!*  
 Golden Temple Granola Wild Blueberry Flax Granola  
**\$2.99/lb**  
 SRP: \$4.49  
 Selected Varieties



**Plum Organics**  
 Organic Eat Your Colors Stage 2 Red 3.5 OZ Selected Varieties  
**\$1.49**  
 SRP: \$2.29



**Lundberg Family Farms**  
 Rice Arborio White 2 LB  
**\$5.79**  
 SRP: \$8.39



**Vita Coco**  
 Pure Coconut Water Never From Concentrate 500 ML Selected Varieties

**2/\$4**  
 SRP: \$3.19



**Mount Hagen**  
 Organic Coffee Freeze Dried 3.53 OZ

**\$9.99**  
 SRP: \$12.89



**Ecover**  
 2X Laundry Liquid Fragrance Free 93 FL OZ

**\$12.49**  
 SRP: \$19.99



**Spectrum Naturals**  
 Organic Extra Virgin Olive Oil Mediterranean & Unrefined 33.8 FL OZ

**\$10.99**  
 SRP: \$18.59



**Tinkyada**  
 Pasta Brown Rice Spirals 16 OZ Selected Varieties

**\$2.99**  
 SRP: \$4.49



**Kiss My Face**  
 Natural Active Life Deodorant Cucumber Green Tea 2.48 OZ Selected Varieties

**2/\$8**  
 SRP: \$5.99



**Giovanni Hair Care Products**  
 2Chic Shampoo Chery Blossom And Rose Petals 8.5 FL OZ

**\$5.99**  
 SRP: \$8.99



**Nature's Gate**  
 Conditioner Moisturizing Aloe Vera + Macadamia Oil 18 FL OZ Selected Varieties

**\$5.49**  
 SRP: \$8.69



**Clearly Natural**  
 Glycerine Bar Soap Aloe Vera 4 OZ Selected Varieties

**\$1.29**  
 SRP: \$2.19



**Evolve**  
 Protein Shake Vanilla 12 FL OZ Selected Varieties

**\$3.49**  
 SRP: \$5.19



**Kyo-Dophilus**  
 Kyo-Dophilus 9 90 CAP

**\$20.99**  
 SRP: \$29.45



**Bach**  
 Rescue Plus Stress Complex Mixed Berry 15 CT

**\$9.99**  
 SRP: \$14.99



**Bairon**  
 Cold Calm Homeopathic Cold Medicine 60 TAB

**\$8.49**  
 SRP: \$13.19



**American Health**  
 Ester-C 500 With Citrus Bioflavonoids 120 CAP

**\$11.99**  
 SRP: \$18.39