

November 2017

Healthy Advantage™

Great savings, naturally!

TILLER & RYE

LOCAL GROCER

20 South Main Street • Brewer, Maine • (207) 573-4022
Open: Monday - Saturday 8am - 8pm
www.TillerAndRye.com



Wholly Wholesome
Organic Pie Shells
9in Traditional
14 OZ

2/\$8
SRP: \$6.39



Everyone deserves indulgence that is free of additives, trans fats and highly processed ingredients. Wholly Wholesome's recipes combine modern baking techniques with choice ingredients for the superior taste and quality of select, organic and gluten free home-style baked goods.

Whether a baking novice or pro, their Pie Shells and Rolled Dough make it easy to be creative with any dessert or meal recipe. Mold, fill, slice...the choice is yours with their 9" Certified Organic Bake At Home Traditional and Wheat Pie Shells, 9" Certified Gluten Free Pie Shells and their Certified Organic Traditional Bake At Home Rolled Pie Dough.



Look for these Featured Brands



Stonyfield Farm
Organic Whole Milk
Yogurt
Smooth & Creamy
Plain
32 OZ
Selected Varieties

2/\$7
SRP: \$5.99



Wyman's Of Maine
Frozen Fruit
Mixed Berries
15 OZ

\$3.79
SRP: \$5.39



Quorn Foods
Meatless Dinner
Turkey Roast
16 OZ

\$6.99
SRP: \$9.89



King Arthur
Flour
Unbleached
All-Purpose
5 #

\$4.79
SRP: \$8.19



Spectrum Naturals
Organic
Shortening
24 OZ

\$6.29
SRP: \$9.29



Sunsire Foods
Organic
Chocolate Chips
Semi-Sweet
9 OZ
Selected Varieties

\$3.99
SRP: \$7.19



Imagine Foods
Organic Broth
Free Range Chicken
32 FL OZ

2/\$5
SRP: \$4.89



Florida Crystals
Cane Sugar
Milled
2 LB
Selected Varieties

\$3.49
SRP: \$4.99

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Kevita
Organic Master Brew
Kombucha
Ginger
15.2 FL OZ

\$2.49
SRP: \$3.79



Kevita
Organic Sparkling Probiotic Drink
Mojito Lime Mint
Coconut
15.2 FL OZ

\$2.49
SRP: \$3.79



Kevita
Organic Sparkling Probiotic Tonic
Lemon Aloe
15.2 FL OZ

\$2.49
SRP: \$3.79



Organic Valley
Organic Half And Half
Sweet Cream
16 FL OZ
Selected Varieties

\$3.29
SRP: \$4.59



Horizon Organic Dairy
Organic Egg Nog
Low-Fat
32 FL OZ

\$4.99
SRP: \$6.59



Green Valley Organics
Organic Lactose Free Butter
Lightly Salted
8 OZ

\$4.49
SRP: \$6.59



Horizon Organic Dairy
Organic 4 Stick Butter
Non Salted
16 OZ
Selected Varieties

\$6.99
SRP: \$11.09



Miso Master
Organic Miso
Traditional Red
8 OZ
Selected Varieties

\$4.49
SRP: \$7.29



Nasoya Foods
Organic Dumplings
Vegetable
9 OZ

\$3.99
SRP: \$6.19



Nasoya Foods
Organic Tofu
Extra Firm Twin Pack
15.50 OZ
Selected Varieties

\$2.29
SRP: \$3.49



Talent Gelato E Sorbetto
Gelato
Tahitian Vanilla Bean
32 FL OZ
Selected Varieties

\$7.99
SRP: \$12.59



Cascadian Farm
Organic Frozen Vegetables
Petite Sweet Peas
10 OZ

2/\$5
SRP: \$3.39



Field Roast
Roast Celebration
2 LB

\$14.49
SRP: \$19.59



Tofurky
Vegetarian Roast
100% Vegan
26 OZ

\$11.99
SRP: \$16.69



Maria And Ricardo's
Organic 8 Inch Tortillas
White Flour
8 CT
Selected Varieties

\$2.99
SRP: \$4.25



Tandoor Chef
Naan Pizza
Cilantro Pesto
7.4 OZ

\$2.49
SRP: \$3.59

NEW

Lundberg Family Farms
Organic Risotto
Creamy Parmesan
5.5 OZ
Selected Varieties

2/\$6
SRP: \$4.05



Dry Soda
Dry Sparkling
Lavender
4/12 FL OZ
Selected Varieties

\$5.49
SRP: \$8.29



Alter Eco Americas
Organic Truffle
Black
42 OZ
Selected Varieties

79¢
SRP: \$0.95



Prince Of Peace
Candy Chews
Ginger
4.4 OZ
Selected Varieties

\$1.69
SRP: \$2.39



Nature's Path
Organic Oatmeal
Variety Pack
14 OZ
Selected Varieties

\$3.49
SRP: \$5.29



Familia
Swiss Muesli
Original
12 OZ

\$2.99
SRP: \$4.69



Good Health
Olive Oil Kettle Chips
Sea Salt
5 OZ

2/\$5
SRP: \$3.49



Halfpops
Popcorn
Butter & Ocean Sea
Salt
4.5 OZ
Selected Varieties

2/\$4
SRP: \$3.19



Late July Snacks
Tortilla Chips
Jalapeno Lime
5.5 OZ

2/\$5
SRP: \$3.69



Dr. Lucy's
Cookies
Chocolate Chip
5.5 OZ
Selected Varieties

\$2.99
SRP: \$4.49



Back To Nature
Organic
Crackers
Stoneground
Wheat
6 OZ

2/\$5
SRP: \$4.49



Annie's Homegrown
Macaroni & Cheese
Shells & Real Aged
Cheddar
6 OZ
Selected Varieties

2/\$4
SRP: \$2.89



Bionaturae
100% Organic
Traditional Egg
Pasta
Pappardelle
8.8 OZ
Selected Varieties

\$3.29
SRP: \$4.59



Petguard
Cat Food
Fish Chicken & Liver
13.2 OZ
Selected Varieties

\$2.49
SRP: \$3.19



Frontier Herb
Spice
Pumpkin Pie
1.92 OZ

\$3.99
SRP: \$5.79



Frontier Herb
Organic Seasoning
Poultry
1.2 OZ

\$3.49
SRP: \$4.99



Better Than Bouillon
Organic Base
Beef
8 OZ
Selected Varieties

\$4.99
SRP: \$7.49



Annie Chun's
Soup Bowl
Miso
5.9 OZ
Selected Varieties

\$2.99
SRP: \$4.59



Pyure
Organic Stevia
All Purpose
16 OZ

\$8.49
SRP: \$12.09



Maya Kaimal
Simmer Sauce
Tikka Masala
12.5 OZ
Selected Varieties

\$4.49
SRP: \$5.89



100% Organic Coconut
Medium Shredded
\$2.89/lb

SRP: \$3.96

Organic Oats
Regular Rolled
\$1.09/lb

SRP: \$1.46

Organic Popcorn
Yellow
\$1.39/lb

SRP: \$1.99

Organic Sugar
\$1.39/lb

SRP: \$1.89



Lundberg Family Farms
Wild Blend Rice
Gourmet Blends
1 LB
Selected Varieties
\$3.79
SRP: \$5.39



Jim's Organic Coffee
100% Organic
Coffee Beans
Sweet Love Blend
11 OZ
Selected Varieties
\$9.99
SRP: \$14.59



Triple Leaf Tea
Tea
Ginger
20 BAG
Selected Varieties
\$3.49
SRP: \$4.99



Near East
Rice Pilaf
Original
6 OZ
Selected Varieties
2/\$4
SRP: \$2.89



Citra-Solv
Citra-Dish Liquid
Valencia Orange
25 FL OZ
Selected Varieties
\$3.79
SRP: \$5.59



Sai Baba
Incense
Sai Baba Champa
15 GRM
\$1.79
SRP: \$3.29



Vita Coco
100% Organic
Coconut Oil
Extra Virgin
14 FL OZ
\$6.99
SRP: \$9.99



One With Nature
Bath Salts
Eucalyptus Sooth
2.5 OZ
Selected Varieties
\$1.99
SRP: \$3.49



Andalou Naturals
1000 Roses
Beautiful Day Cream
Sensitive
1.7 FL OZ
Selected Varieties
\$16.49
SRP: \$24.95



Kiss My Face
2 in 1 Moisturizer
Olive & Aloe
16 FL OZ
Selected Varieties
\$6.49
SRP: \$10.09



Eco-Dent
Gentle
Dental Floss
Mint
100 YD
\$3.49
SRP: \$5.49



Earthy
Hand Soap
Grapefruit
Pomegranate
17 OZ
Selected Varieties
\$3.49
SRP: \$4.89



American Health
Super Papaya
Enzyme Plus
Chewable
180 TAB
\$7.49
SRP: \$13.09



Yerba Prima
Colon Care
Formula
12 OZ
\$9.99
SRP: \$14.79



American Health
Original
Papaya Enzyme
Chewable
250 TAB
\$5.99
SRP: \$10.99



Nutrition Now
PB8 Support
Immune
System
60 CAP
\$19.99
SRP: \$34.99



Hylands
Homeopathic
Cough
Syrup 4 Kids
Cold 'N Cough
4 FL OZ
\$7.99
SRP: \$11.19