

November 2017

# Healthy Advantage™

Great savings, naturally!

# TILLER & RYE

LOCAL GROCER

20 South Main Street • Brewer, Maine • (207) 573-4022  
Open: Monday - Saturday 8am - 8pm  
www.TillerAndRye.com



**Wholly Wholesome**  
Organic Pie Shells  
9in Traditional  
14 OZ

**2/\$8**  
SRP: \$6.39



Everyone deserves indulgence that is free of additives, trans fats and highly processed ingredients. Wholly Wholesome's recipes combine modern baking techniques with choice ingredients for the superior taste and quality of select, organic and gluten free home-style baked goods.

Whether a baking novice or pro, their Pie Shells and Rolled Dough make it easy to be creative with any dessert or meal recipe. Mold, fill, slice...the choice is yours with their 9" Certified Organic Bake At Home Traditional and Wheat Pie Shells, 9" Certified Gluten Free Pie Shells and their Certified Organic Traditional Bake At Home Rolled Pie Dough.



**Stonyfield Farm**  
Organic Whole Milk  
Yogurt  
Smooth & Creamy  
Plain  
32 OZ  
Selected Varieties

**2/\$7**  
SRP: \$5.99



**Wyman's Of Maine**  
Frozen Fruit  
Mixed Berries  
15 OZ

**\$3.79**  
SRP: \$5.39



**Quorn Foods**  
Meatless Dinner  
Turkey Roast  
16 OZ

**\$6.99**  
SRP: \$9.89



**King Arthur**  
Flour  
Unbleached  
All-Purpose  
5 #

**\$4.79**  
SRP: \$8.19



**Spectrum Naturals**  
Organic  
Shortening  
24 OZ

**\$6.29**  
SRP: \$9.29



**Sunsire Foods**  
Organic  
Chocolate Chips  
Semi-Sweet  
9 OZ  
Selected Varieties

**\$3.99**  
SRP: \$7.19



## Look for these Featured Brands



**Imagine Foods**  
Organic Broth  
Free Range Chicken  
32 FL OZ

**2/\$5**  
SRP: \$4.89



**Florida Crystals**  
Cane Sugar  
Milled  
2 LB  
Selected Varieties

**\$3.49**  
SRP: \$4.99

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**Kevita**  
Organic Master Brew  
Kombucha  
Ginger  
15.2 FL OZ

**\$2.49**  
SRP: \$3.79



**Kevita**  
Organic Sparkling Probiotic Drink  
Mojito Lime Mint  
Coconut  
15.2 FL OZ

**\$2.49**  
SRP: \$3.79



**Kevita**  
Organic Sparkling Probiotic Tonic  
Lemon Aloe  
15.2 FL OZ

**\$2.49**  
SRP: \$3.79



**Organic Valley**  
Organic Half And Half  
Sweet Cream  
16 FL OZ  
Selected Varieties

**\$3.29**  
SRP: \$4.59



**Horizon Organic Dairy**  
Organic Egg Nog  
Low-Fat  
32 FL OZ

**\$4.99**  
SRP: \$6.59



**Green Valley Organics**  
Organic Lactose Free Butter  
Lightly Salted  
8 OZ

**\$4.49**  
SRP: \$6.59



**Horizon Organic Dairy**  
Organic 4 Stick Butter  
Non Salted  
16 OZ  
Selected Varieties

**\$6.99**  
SRP: \$11.09



**Miso Master**  
Organic Miso  
Traditional Red  
8 OZ  
Selected Varieties

**\$4.49**  
SRP: \$7.29



**Nasoya Foods**  
Organic Dumplings  
Vegetable  
9 OZ

**\$3.99**  
SRP: \$6.19



**Nasoya Foods**  
Organic Tofu  
Extra Firm Twin Pack  
15.50 OZ  
Selected Varieties

**\$2.29**  
SRP: \$3.49



**Talent Gelato E Sorbetto**  
Gelato  
Tahitian Vanilla Bean  
32 FL OZ  
Selected Varieties

**\$7.99**  
SRP: \$12.59



**Cascadian Farm**  
Organic Frozen Vegetables  
Petite Sweet Peas  
10 OZ

**2/\$5**  
SRP: \$3.39



**Field Roast**  
Roast Celebration  
2 LB

**\$14.49**  
SRP: \$19.59



**Tofurky**  
Vegetarian Roast  
100% Vegan  
26 OZ

**\$11.99**  
SRP: \$16.69



**Maria And Ricardo's**  
Organic 8 Inch Tortillas  
White Flour  
8 CT  
Selected Varieties

**\$2.99**  
SRP: \$4.25



**Tandoor Chef**  
Naan Pizza  
Cilantro Pesto  
7.4 OZ

**\$2.49**  
SRP: \$3.59

NEW



**Lundberg Family Farms**  
Organic Risotto  
Creamy Parmesan  
5.5 OZ  
Selected Varieties

**2/\$6**  
SRP: \$4.05



**Dry Soda**  
Dry Sparkling  
Lavender  
4/12 FL OZ  
Selected Varieties

**\$5.49**  
SRP: \$8.29



**Alter Eco Americas**  
Organic Truffle  
Black  
42 OZ  
Selected Varieties

**79¢**  
SRP: \$0.95



**Prince Of Peace**  
Candy Chews  
Ginger  
4.4 OZ  
Selected Varieties

**\$1.69**  
SRP: \$2.39



**Nature's Path**  
Organic Oatmeal  
Variety Pack  
14 OZ  
Selected Varieties

**\$3.49**  
SRP: \$5.29



**Familia**  
Swiss Muesli  
Original  
12 OZ

**\$2.99**  
SRP: \$4.69



**Good Health**  
Olive Oil Kettle Chips  
Sea Salt  
5 OZ

**2/\$5**  
SRP: \$3.49



**Halfpops**  
Popcorn  
Butter & Ocean Sea  
Salt  
4.5 OZ  
Selected Varieties

**2/\$4**  
SRP: \$3.19



**Late July Snacks**  
Tortilla Chips  
Jalapeno Lime  
5.5 OZ

**2/\$5**  
SRP: \$3.69



**Dr. Lucy's**  
Cookies  
Chocolate Chip  
5.5 OZ  
Selected Varieties

**\$2.99**  
SRP: \$4.49



**Back To Nature**  
Organic  
Crackers  
Stoneground  
Wheat  
6 OZ

**2/\$5**  
SRP: \$4.49



**Annie's Homegrown**  
Macaroni & Cheese  
Shells & Real Aged  
Cheddar  
6 OZ  
Selected Varieties

**2/\$4**  
SRP: \$2.89



**Bionaturae**  
100% Organic  
Traditional Egg  
Pasta  
Pappardelle  
8.8 OZ  
Selected Varieties

**\$3.29**  
SRP: \$4.59



**Petguard**  
Cat Food  
Fish Chicken & Liver  
13.2 OZ  
Selected Varieties

**\$2.49**  
SRP: \$3.19



**Frontier Herb**  
Spice  
Pumpkin Pie  
1.92 OZ

**\$3.99**  
SRP: \$5.79



**Frontier Herb**  
Organic Seasoning  
Poultry  
1.2 OZ

**\$3.49**  
SRP: \$4.99



**Better Than Bouillon**  
Organic Base  
Beef  
8 OZ  
Selected Varieties

**\$4.99**  
SRP: \$7.49



**Annie Chun's**  
Soup Bowl  
Miso  
5.9 OZ  
Selected Varieties

**\$2.99**  
SRP: \$4.59



**Pyure**  
Organic Stevia  
All Purpose  
16 OZ

**\$8.49**  
SRP: \$12.09



**Maya Kaimal**  
Simmer Sauce  
Tikka Masala  
12.5 OZ  
Selected Varieties

**\$4.49**  
SRP: \$5.89



100% Organic Coconut  
Medium Shredded  
**\$2.89/lb**

SRP: \$3.96

Organic Oats  
Regular Rolled  
**\$1.09/lb**

SRP: \$1.46

Organic Popcorn  
Yellow  
**\$1.39/lb**

SRP: \$1.99

Organic Sugar  
**\$1.39/lb**

SRP: \$1.89



**Lundberg Family Farms**  
Wild Blend Rice  
Gourmet Blends  
1 LB  
Selected Varieties  
**\$3.79**  
SRP: \$5.39



**Jim's Organic Coffee**  
100% Organic  
Coffee Beans  
Sweet Love Blend  
11 OZ  
Selected Varieties  
**\$9.99**  
SRP: \$14.59



**Triple Leaf Tea**  
Tea  
Ginger  
20 BAG  
Selected Varieties  
**\$3.49**  
SRP: \$4.99



**Near East**  
Rice Pilaf  
Original  
6 OZ  
Selected Varieties  
**2/\$4**  
SRP: \$2.89



**Citra-Solv**  
Citra-Dish Liquid  
Valencia Orange  
25 FL OZ  
Selected Varieties  
**\$3.79**  
SRP: \$5.59



**Sai Baba**  
Incense  
Sai Baba Champa  
15 GRM  
**\$1.79**  
SRP: \$3.29



**Vita Coco**  
100% Organic  
Coconut Oil  
Extra Virgin  
14 FL OZ  
**\$6.99**  
SRP: \$9.99



**One With Nature**  
Bath Salts  
Eucalyptus Sooth  
2.5 OZ  
Selected Varieties  
**\$1.99**  
SRP: \$3.49



**Andalou Naturals**  
1000 Roses  
Beautiful Day Cream  
Sensitive  
1.7 FL OZ  
Selected Varieties  
**\$16.49**  
SRP: \$24.95



**Kiss My Face**  
2 in 1 Moisturizer  
Olive & Aloe  
16 FL OZ  
Selected Varieties  
**\$6.49**  
SRP: \$10.09



**Eco-Dent**  
Gentle  
Dental Floss  
Mint  
100 YD  
**\$3.49**  
SRP: \$5.49



**Earthy**  
Hand Soap  
Grapefruit  
Pomegranate  
17 OZ  
Selected Varieties  
**\$3.49**  
SRP: \$4.89



**American Health**  
Super Papaya  
Enzyme Plus  
Chewable  
180 TAB  
**\$7.49**  
SRP: \$13.09



**Yerba Prima**  
Colon Care  
Formula  
12 OZ  
**\$9.99**  
SRP: \$14.79



**American Health**  
Original  
Papaya Enzyme  
Chewable  
250 TAB  
**\$5.99**  
SRP: \$10.99



**Nutrition Now**  
PB8 Support  
Immune  
System  
60 CAP  
**\$19.99**  
SRP: \$34.99



**Hylands**  
Homeopathic  
Cough  
Syrup 4 Kids  
Cold 'N Cough  
4 FL OZ  
**\$7.99**  
SRP: \$11.19