

Discover | Healthy Advantage™

March 2018



Mrs. Meyer's Clean Day
Hand Soap
Mint
12.5 FL OZ
Selected Varieties
\$3.99
SRP: \$5.59

TILLER & RYE

— LOCAL GROCER —

20 South Main Street • Brewer, Maine • (207) 573-4022
Open: Monday - Saturday 8am - 8pm
www.TillerAndRye.com



American Flatbread
Frozen Pizza
Vegan Harvest
10.2 OZ
Selected Varieties
\$5.99
SRP: \$10.29



Amy's
Enchilada Meal
Cheese
9 OZ
Selected Varieties
\$4.99 **GF**
SRP: \$6.79



Endangered Species Chocolate
Dark Chocolate Bark
Almonds & Peanuts
4.70 OZ
Selected Varieties
2/\$7 **GF**
SRP: \$5.29



Barbara's Bakery
Organic Cereal
Original Honest O's
8 OZ
Selected Varieties
2/\$7 **USDA ORGANIC**
SRP: \$6.19



Annie Chun's
Entrée
Indian-Style Red Curry
9 OZ
Selected Varieties
\$2.99 **GF**
SRP: \$4.59



Divina
Stuffed Olives
Feta Cheese
7.8 OZ
Selected Varieties
\$5.49
SRP: \$8.69



Harmless Harvest
Organic Coconut Water
100% Raw
16 FL OZ
Selected Varieties
\$3.99
SRP: \$6.59



Lifeway Kefir
Probugs
Children's
Daily Probiotic
Vitamins C & D,
Grape
30 CT
\$10.99 **GF**
SRP: \$16.69

Look inside for these featured brands



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Califia Farms
Dairy Free Cold Brew
Coffee With Almondmilk
XX Espresso
48 FL OZ
Selected Varieties

\$5.49
SRP: \$6.85 **GF**



Go Veggie!
Vegan Cheese
Bars
White Cheddar
6 OZ

\$4.99 **GF**
SRP: \$6.25



Chia Pod
Chia Pod
Coconut
6 OZ
Selected Varieties

\$3.99 **GF**
SRP: \$4.69



Hail Merry Snacks
Cookie
Dough Bites
Chocolate Chip
3.5 OZ
Selected Varieties

2/\$7 **GF**
SRP: \$4.79

FEATURED BRAND



**Horizon
Organic Dairy**
Organic 4 Stick
Butter
Non Salted
16 OZ

\$6.99
SRP: \$11.09 **USA**



Immaculate Baking
Cookie Dough
Gluten Free
Chocolate Chunk
14 OZ
Selected Varieties

2/\$8 **GF**
SRP: \$5.89



Mongibello
100% Juice
Blood Orange
32 FL OZ

\$5.49
SRP: \$7.89



**Sunja's
Oriental Foods**
Kimchee
Medium Spicy
16 OZ
Selected Varieties

\$5.99
SRP: \$7.99

Green Valley Organics
Organic Lactose
Free Low Fat
Yogurt
Plain
6 OZ
Selected Varieties



2/\$3
SRP: \$2.29

GF **USA**

FEATURED BRAND



Wallaby Organic
Organic Creamy
Australian Low Fat
Yogurt
Strawberry
6 OZ
Selected Varieties

5/\$5
SRP: \$1.65

GF **USA**



Alexia Foods
Frozen Julienne
Fries
Sweet Potato
15 OZ
Selected Varieties

2/\$6
SRP: \$4.39



Cascadian Farm
Organic Frozen
Vegetables
Petite Sweet Peas
10 OZ
Selected Varieties

2/\$5 **USA**
SRP: \$3.39



Woodstock
Organic Frozen
Vegetables
Green Peas
10 OZ
Selected Varieties

2/\$5
SRP: \$3.49

GF **USA**



Organic Valley
Organic Eggs
Hard-Boiled
2 CT

2/\$3
SRP: \$2.59

USA



Gardein
Meat-Free
Crispy Chick'n
Mandarin
Orange
10.5 OZ

\$3.99
SRP: \$6.15



Evol Foods
Burrito
Cilantro Lime
Chicken
6 OZ
Selected Varieties

\$1.99
SRP: \$3.29



Natural Sea
Premium
Cod Sticks
with Multigrain
Breading
8 OZ

\$5.49
SRP: \$7.49



Larabar
Nutritional Bar
Peanut Butter
Chocolate Chip
1.6 OZ
Selected
Varieties

4/\$5
SRP: \$1.89
GF



Vita Coco
Coconut Water
Pure
1 LT
Selected Varieties

\$3.49
SRP: \$5.89
GF
FEATURED BRAND



Zevia
Zero Calorie
Energy Drink
Kola
12 FL OZ
Selected Varieties

2/\$3
SRP: \$2.19
GF



California Farms
Organic
Evaporated Milk
12 FL OZ

\$2.99
SRP: \$4.19
USA ORGANIC



Tejava Premium
Iced Tea
Unsweetened
Black Tea
Original
16.9 FL OZ

\$1.79
SRP: \$2.59
GF



Ice Chips Candy
Ice Chips Candy
Real Peppermint
1.76 OZ
Selected Varieties

2/\$6
SRP: \$4.09
GF



Pur Mint
Mints
Tangerine Tango
22 GRM
Selected Varieties

2/\$3
SRP: \$2.39
GF



Wild Planet
Wild Sardines
Extra Virgin Olive Oil
4.4 OZ
Selected Varieties

\$1.99
SRP: \$3.29
GF



Food Should
Taste Good
Tortilla Chips
Multigrain
5.5 OZ
Selected Varieties

2/\$5
SRP: \$3.89
GF



Good Health
Olive Oil Kettle
Chips
Sea Salt
5 OZ
Selected Varieties

2/\$4
SRP: \$3.49



Snikiddy Snacks
Organic
Baked Puffs
Mac N' Cheese
4 OZ
Selected Varieties

2/\$5
SRP: \$3.79
GF **USA ORGANIC**



Lundberg
Family Farms
Organic Risotto
Butter & Chive
5.5 OZ
Selected Varieties

\$2.99
SRP: \$3.99
USA ORGANIC **GF**



Ancient Harvest
Organic Quinoa
With Sea Salt
8 OZ
Selected Varieties

\$3.49
SRP: \$4.49
USA ORGANIC



Annie's Homegrown
Bunny Crackers
Cheddar
7.5 OZ
Selected Varieties

\$3.29
SRP: \$4.85

Annie's Homegrown
Macaroni & Cheese
Shells & White
Cheddar
6 OZ
Selected Varieties

2/\$4
SRP: \$3.09
FEATURED BRAND



Muir Glen
Organic
Pasta Sauce
Tomato Basil
25.5 FL OZ
Selected Varieties

2/\$7
SRP: \$4.69
USA ORGANIC



Seapoint Farms
Organic Spaghetti
Edamame
7.05 OZ

2/\$6
SRP: \$4.39
GF **USA ORGANIC**



Better Than Bouillon
Base
Chicken
8 OZ
Selected Varieties

\$3.49
SRP: \$5.59



Koyo
Ramen Singles
Asian Vegetable
2.1 OZ
Selected Varieties

5/\$5
SRP: \$1.39



The Maple Guild
Organic Syrup
Vermont Maple
250 ML

\$6.99
SRP: \$9.49
USA ORGANIC



Wholesome Sweeteners
Organic Cane Sugar
Evaporated Cane Juice
2 LB

\$4.49
SRP: \$7.29
GF **USA ORGANIC**



Kikkoman
Tamari Soy Sauce
Naturally Brewed
10 FL OZ
Selected Varieties

\$2.49
SRP: \$3.89
GF



Bionaturae
100% Organic
Tomatoes
Strained
24 OZ

\$2.99
SRP: \$4.35
USA ORGANIC



Colavita
Olive Oil
Extra Virgin
17 FL OZ

\$8.99
SRP: \$12.89



Quality Bulk

100% Organic
Coconut
Medium Shredded

\$2.89/lb

SRP: \$3.96

Organic Mangos
Unsweetened

\$10.29/lb

SRP: \$13.87

Organic
Chocolate Chips
Dark

\$6.69/lb

SRP: \$8.99

Organic Pistachios
Roasted & Salted

\$8.79/lb

SRP: \$11.87



Biokleen
Stain + Odor
Remover
Bac-Out
32 FL OZ

\$5.99
SRP: \$9.59



Naturint
Permanent Hair
Color
5N Light Chestnut
5.28 FL OZ
Selected Varieties

\$11.49
SRP: \$17.99



Kiss My Face
Liquid Rock Deodorant
Lavender
3 OZ
Selected Varieties

\$3.99
SRP: \$5.99



Andalou Naturals
Color Care Shampoo
1000 ROSES Complex
11.5 FL OZ
Selected Varieties

\$6.49
SRP: \$9.95



Eco-Dent
GentleFloss
Mint
100 YD

\$3.99
SRP: \$5.99



South Of France
Bar Soap
Lavender Fields
6 OZ
Selected Varieties

\$3.49
SRP: \$4.69



Nutra-Bio
The Arnica Rub
4 OZ

\$8.49
SRP: \$12.69



Bach
Rescue Remedy
Natural Stress
Relief
20 ML

\$15.99
SRP: \$23.99



Hyland's
Homeopathic
Sleep Aid
Calms Forte
100 TAB

\$7.99
SRP: \$11.19

tera'swhey.



new & improved
tera'swhey
Organic Whey Protein
Bourbon Vanilla
12 OZ
Selected Varieties

\$22.99
SRP: \$37.49

GF **USDA**



Nutrition Now
Kid's Multi-Vitamin
Rhino Gummies
190 CHEW

\$16.99
SRP: \$24.99

