

# Discover | Healthy Advantage™

November 2018



**Imagine Foods**  
Organic Gravy  
Roasted Turkey Flavored  
13.5 FL OZ  
Select Varieties

**\$1.99**  
SRP: \$2.99



# TILLER & RYE

— LOCAL GROCER —

20 South Main Street • Brewer, Maine • (207) 573-4022  
Open: Monday - Saturday 8am - 8pm  
www.TillerAndRye.com



**Arrowhead Mills**  
Organic Stuffing  
Savory Herb  
10 OZ

**2/\$6**  
SRP: \$4.89



**Enjoy Life**  
Chocolate Morsels  
Dark  
9 OZ  
Select Varieties

**\$4.79**  
SRP: \$6.89



**If You Care**  
Parchment Baking Paper  
70 SQ FT

**\$4.49**  
SRP: \$6.89



**Imagine Foods**  
Organic Free Range Chicken Broth  
Low Sodium  
32 FL OZ  
Select Varieties

**2/\$4**  
SRP: \$4.99



**Mountain Valley**  
Spring  
Spring Water  
1 LTR

**2/\$4**  
SRP: \$2.75



**Nativa**  
Organic Shortening  
15 OZ

**\$5.79**  
SRP: \$7.69



**Pukka Herbal Teas**  
Organic Tea  
Three Ginger  
20 BAG  
Select Varieties

**\$4.49**  
SRP: \$6.75



**Spectrum Naturals**  
Organic Extra Virgin Olive Oil  
Mediterranean  
33.8 FL OZ

**\$12.99**  
SRP: \$18.99



Look inside for these featured brands



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**Vital Farms**  
Pasture Raised  
Butter  
Sea Salted  
8 OZ

**\$3.99**  
SRP: \$5.09

GF



**Kevita**  
Organic Master  
Brew Kombucha  
Pineapple Peach  
15.2 FL OZ  
Select Varieties

**\$2.49**  
SRP: \$3.79

GF



**Organic Valley**  
Organic Grassmilk  
Half & Half  
Ultra Pasteurized  
16 FL OZ

**\$2.99**  
SRP: \$4.19

GF

FEATURED BRAND



**Silk**  
Original Nog  
32 FL OZ

**\$2.99**  
SRP: \$4.29



**Just**  
Mayo  
Original  
16 FL OZ

**\$4.99**  
SRP: \$6.69

GF



**Nada Moo**  
Organic Dairy-Free  
Frozen Dessert  
Lotta Mint Chip  
PINT  
Select Varieties

**\$5.49**  
SRP: \$7.59

GF



**Stonyfield Farm**  
Organic 0% Fat  
Smooth & Creamy  
Yogurt  
Plain  
32 OZ  
Select Varieties

**\$3.99**  
SRP: \$5.99

GF

FEATURED BRAND



**Wallaby Organic**  
Organic Aussie  
Smooth Whole Milk  
Yogurt  
Plain  
32 OZ

**2/\$7**  
SRP: \$6.59

GF

## Meatless Holiday



**Field Roast**  
Celebration Roast  
1 LB

**\$6.69**  
SRP: \$8.69



**Quorn Foods**  
Meatless Dinner  
Turk'y Roast  
16 OZ

**\$6.79**  
SRP: \$9.89



**House Foods**  
Noodles  
Tofu Shirataki  
Spaghetti  
8 OZ  
Select Varieties

**\$1.99**  
SRP: \$2.75



**Woodstock**  
Organic Frozen  
Vegetables  
Tri-Colored Peppers  
10 OZ  
Select Varieties

**\$2.99**  
SRP: \$3.69

GF

FEATURED BRAND



**Cascadian Farm**  
Organic Frozen  
Vegetables  
Broccoli Florets  
10 OZ  
Select Varieties

**2/\$5**  
SRP: \$3.69

GF

FEATURED BRAND



**Cascadian Farm**  
Organic Frozen  
Vegetables  
Sweet Peas  
10 OZ  
Select Varieties

**2/\$5**  
SRP: \$3.69

GF



**Daiya Foods Inc**  
Frozen Pizza  
Cheese Lover's  
15.7 OZ  
Select Varieties

**\$7.29**  
SRP: \$10.69

GF

FEATURED BRAND



**Immaculate Baking**  
Organic Rolls  
Crescent  
8 OZ

**\$2.49**  
SRP: \$5.49

GF

FEATURED BRAND



**Immaculate Baking**  
Organic  
Cinnamon Rolls  
17.5 OZ

**\$3.29**  
SRP: \$7.49

GF





**Ener-G Foods**  
Egg Replacer  
16 OZ  
**\$5.99**  
SRP: \$8.99  
GF



**Let's Do Organic**  
100% Organic  
Shredded Coconut  
Unsweetened  
8 OZ  
Select Varieties  
**\$2.79**  
SRP: \$3.89  
GF



**San Pellegrino**  
Sparkling  
Mineral Water  
750 ML  
**\$1.79**  
SRP: \$2.79



**Vita Coco**  
Coconut Water  
Pure  
1 LT  
**2/\$7**  
SRP: \$5.89  
GF



**Alter Eco Americas**  
Organic Dark  
Chocolate Truffles  
Mint Creme  
4.2 OZ  
Select Varieties  
**\$6.49**  
SRP: \$9.59  
GF



**Bark Thins**  
Snacking Dark  
Chocolate  
Almond Bark with  
Sea Salt  
4.7 OZ  
Select Varieties  
**\$3.79**  
SRP: \$5.39



**Smashmallow**  
Marshmallow  
Rice Treats  
Cinnamon Churro  
6/1.15 OZ  
Select Varieties  
**\$3.79**  
SRP: \$5.29

*Traditional Side Dish*



**Westbrae Natural**  
Organic Sweet  
Corn  
Golden  
15.25 OZ  
Select Varieties  
**\$1.99**  
SRP: \$3.09



**Glutenfreeda**  
Oatmeal  
Variety Pack  
11.2 OZ  
Select Varieties  
**\$3.79**  
SRP: \$5.99  
GF



**Annie's Homegrown**  
Organic Graham  
Crackers  
Honey  
14.4 OZ  
**\$4.29**  
SRP: \$6.49



**Lundberg Family Farms**  
Risotto  
Creamy Parmesan  
5.5 OZ  
Select Varieties  
**2/\$5**  
SRP: \$3.69  
GF



**Near East**  
Rice Pilaf  
Original  
6 OZ  
Select Varieties  
**\$1.79**  
SRP: \$2.99



**Santa Cruz Organic**  
Organic Apple  
Sauce  
Cinnamon  
23 OZ  
Select Varieties  
**\$3.29**  
SRP: \$5.39



**Vita Coco**  
100% Organic  
Coconut Oil  
Unrefined  
14 FL OZ  
**\$6.29**  
SRP: \$9.99  
GF



**Vita Coco**  
100% Organic  
Coconut Oil  
Unrefined  
14.2 FL OZ  
**\$6.29**  
SRP: \$9.99



**Ecover**  
Dish Soap  
Fragrance Free  
25 FL OZ  
Select Varieties  
**2/\$7**  
SRP: \$5.39



**Andean Dream**  
100% Organic  
Quinoa Pasta  
Spaghetti  
8 OZ  
Select Varieties  
**\$3.79**  
SRP: \$5.39  
GF



**Annie Chun's**  
Brown Rice  
Noodles  
Pad Thai  
8 OZ  
Select Varieties  
**\$2.79**  
SRP: \$4.29  
GF

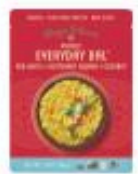


**Fischer & Wiewer**  
Sauce  
Roasted Raspberry  
Chipotle  
15.75 OZ  
**\$6.49**  
SRP: \$9.59  
GF

*Purest Salt On Earth*



**Himala salt**  
Organic  
Himalayan Salt  
Garlic  
6 OZ  
**\$5.99**  
SRP: \$8.29  
GF



**Maya Kaimal**  
Organic Everyday  
Dal  
Red Lentil,  
Butternut Squash,  
Coconut  
10 OZ  
Select Varieties  
**2/\$7**  
SRP: \$5.09



**Pacific Natural Foods**  
Organic Free  
Range Chicken  
Broth  
Low Sodium  
32 FL OZ  
Select Varieties  
**2/\$7**  
SRP: \$5.29  
GF



**Wholesome  
Sweeteners**  
Organic Stevia  
Individual Packets  
75 CT  
**\$3.99**  
SRP: \$6.69  
GF



**Wholesome  
Sweeteners**  
Organic Sugar  
Light Brown  
24 OZ  
**\$3.99**  
SRP: \$6.39  
GF



**Muir Glen**  
Organic Tomatoes  
Diced  
28 OZ  
Select Varieties  
**2/\$5**  
SRP: \$3.99



buy in bulk

Organic Cranberries  
Sweetened

**\$5.89/lb**

SRP: \$7.99

Organic Chocolate Chips  
Dark

**\$6.89/lb**

SRP: \$9.39

Sliced Almonds  
Raw

**\$5.89/lb**

SRP: \$7.94

Lundberg  
Family Farms  
Organic Rice  
Wild Blend

**\$3.79/lb**

SRP: \$5.49



**Andalou Naturals**  
1000 Roses Beautiful  
Day Cream  
Sensitive  
1.7 FL OZ

**\$15.99**

SRP: \$24.95



**Acure**  
Body Beautiful Shampoo  
Pear & Fig  
12 FL OZ  
Select Varieties

**\$6.99**

SRP: \$9.99



**Avalon Organic**  
Smooth Shine  
Shampoo  
Apple Cider Vinegar  
11 FL OZ  
Select Varieties

**\$7.99**

SRP: \$11.75



**Giovanni Hair Care Products**  
2Chic Frizz Be Gone  
Shampoo  
Shea Butter + Sweet Almond  
8.5 FL OZ

**\$5.49**

SRP: \$8.99



**Herbatint**  
Permanent Herbal  
Haircolor Gel  
3N Dark Chestnut  
4 FL OZ  
Select Varieties

**\$12.49**

SRP: \$17.99



**Himalayan Chandra**  
Ceramic Neti  
Pot  
CT

**\$11.99**

SRP: \$16.99



**Thayers**  
Body Bar  
Witch Hazel and  
Rose Petal  
5 OZ  
Select Varieties

**2/\$7**

SRP: \$5.09



**Yerba Prima**  
Daily Fiber  
Formula  
12 OZ

**\$8.99**

SRP: \$13.29



**Nature's Answer**  
Sambucus Mega  
Gummies  
7X Elderberry  
30 CT

**\$20.49**

SRP: \$30.19



**Quantum Research**  
Organic TheraZinc  
Lozenges  
Elderberry Raspberry  
18 CT

**\$3.99**

SRP: \$6.09



**Similasan**  
Kids Cold & Mucus  
Relief  
Grape Flavor  
4 FL OZ

**\$6.99**

SRP: \$10.39



**American Health**  
Ester-C 500  
With Citrus  
Bioflavonoids  
120 CAP

**\$12.49**

SRP: \$19.09

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