

# Discover | Healthy Advantage™

August 2018



**Maranatha Natural Foods**  
Organic Peanut Butter  
Creamy, No Stir  
16 OZ  
Selected Varieties

**\$5.49**  
SRP: \$8.29



**Healthy Times**  
Organic  
Growing Up  
Formula  
Vanilla  
12.7 OZ

**\$12.99**  
SRP: \$19.99



**Kind**  
Whole Grain  
Clusters  
Almond Butter  
11 OZ  
Selected Varieties

**\$4.49**  
SRP: \$6.69



**Iceland Springs**  
Natural  
Icelandic Spring  
Water  
33.8 FL OZ

**\$1.49**  
SRP: \$2.29



**Back To Nature**  
100% Juice Boxes  
Apple  
8/6 FL OZ  
Selected Varieties

**\$4.49**  
SRP: \$6.69



**Honest Tea**  
Organic  
Just Green Tea  
Unsweetened  
16 FL OZ  
Selected Varieties

**\$1.49**  
SRP: \$2.09



**Cascadian Farm**  
Organic Cereal  
Raisin Bran  
12 OZ

**2/\$8**  
SRP: \$5.89



Look inside for these featured brands



**Terra Chips**  
Vegetable Chips  
Sweets & Beets  
6 OZ  
Selected Varieties

**2/\$5**  
SRP: \$4.19



**Annie's Homegrown**  
Macaroni & Cheese  
Shells & Real Aged  
Cheddar  
6 OZ  
Selected Varieties

**2/\$4**  
SRP: \$3.09

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# TILLER & RYE

LOCAL GROCER

20 South Main Street • Brewer, Maine • (207) 573-4022  
Open: Monday - Saturday 8am - 8pm  
www.TillerAndRye.com





**Califia Farms**  
Concentrated  
Cold Brew Coffee  
Signature Blend  
25.4 FL OZ  
Selected Varieties

**\$8.99**  
SRP: \$11.79



**Revive Kombucha**  
Organic Kombucha  
Boogie Down Original  
12 FL OZ  
Selected Varieties

**\$3.49**  
SRP: \$4.39



**Ripple Foods Pbc**  
Dairy-Free Milk  
Original  
48 FL OZ  
Selected Varieties

**\$4.99**  
SRP: \$6.59



**So Delicious**  
Organic Almondmilk  
with Cashews  
Unsweetened  
48 FL OZ

**\$3.99**  
SRP: \$6.19



**Daiya Foods Inc**  
Cheese Slices  
American Style  
7.8 OZ  
Selected Varieties

**\$3.99**  
SRP: \$5.99



**Organic Valley**  
Organic Snack Kit  
Sharp Cheddar & Beef  
Summer Sausage  
2.36 OZ  
Selected Varieties

**\$4.79**  
SRP: \$6.49



**Horizon Organic Dairy**  
Organic Good & Go  
Cheddar, Raisins,  
Cashews & Cranberries  
5/1.52 OZ

**\$10.49**  
SRP: \$15.59



**Lifeway Kefir**  
Lowfat Kefir  
Strawberry  
8 FL OZ  
Selected Varieties

**99¢**  
SRP: \$1.69



**Wallaby Organic**  
Organic Greek  
Nonfat Yogurt  
Mixed Berries  
5.3 OZ  
Selected Varieties

**\$1.79**  
SRP: \$2.59



**Once Upon A Farm**  
Organic Baby Food  
Pouch  
Green Kale & Apples  
3.2 OZ  
Selected Varieties

**\$1.79**  
SRP: \$3.19



**So Delicious**  
Cashewmilk Frozen  
Dessert Bars  
Dipped Salted Caramel  
4/2.3 FL OZ

**\$4.49**  
SRP: \$7.09



**Sorbables**  
Dairy Free Sorbet  
Peanut Butter Luvu  
PINT  
Selected Varieties

**\$4.49**  
SRP: \$6.19



**Stonyfield Farm**  
Organic Lowfat  
Yogurt Tubes  
Strawberry  
8/2 OZ  
Selected Varieties

**\$3.99**  
SRP: \$5.99



**One Degree Organic Foods**  
Organic Tortillas  
Sprouted Corn  
8 OZ

**\$2.49**  
SRP: \$3.79



**Cascadian Farm**  
Organic Frozen  
Vegetables  
Riced Cauliflower  
12 OZ  
Selected Varieties

**2/\$6**  
SRP: \$4.19



**Cascadian Farm**  
Organic Frozen  
Vegetables  
Sweet Corn  
16 OZ  
Selected Varieties

**\$2.69**  
SRP: \$3.69



**Cascadian Farm**  
Organic Frozen  
Potatoes  
Spud Puppies  
16 OZ  
Selected Varieties

**\$2.99**  
SRP: \$4.09



**Arrowhead Mills**  
Pancake & Waffle Mix  
Buttermilk  
26 OZ  
Selected Varieties

**2/\$7**  
SRP: \$5.95



**Larabar**  
Organic Superfoods Bar  
Hazelnut, Hemp & Cacao  
1.6 OZ  
Selected Varieties

**\$1.49**  
SRP: \$2.65



**Pure Organic**  
Organic Snack Bar  
Chocolate Brownie  
1.7 OZ  
Selected Varieties

**2/\$3**  
SRP: \$2.49



**Bear Naked**  
Granola Bites  
Dark Chocolate  
Sea Salt  
7.2 OZ  
Selected Varieties

**\$3.99**  
SRP: \$6.99



**Bobo's Oat Bars**  
All Natural Oat Bars  
Coconut  
3 OZ  
Selected Varieties

**\$2.49**  
SRP: \$3.29



**Food For Life**  
Organic Flake Cereal  
Ezekiel 4:9 Original  
14 OZ

**\$6.49**  
SRP: \$8.69



**Vita Coco**  
Coconut Water  
Pure  
500 ML  
Selected Varieties

**2/\$4**  
SRP: \$3.19



**Bruce Cost Ginger Ale**  
Ginger Ale  
Original  
4/12 FL OZ  
Selected Varieties

**\$6.49**  
SRP: \$8.89



**Organic Valley**  
Organic  
1% Lowfat Milk  
Chocolate  
12/6.75Z  
Selected Varieties

**\$15.49**  
SRP: \$22.19



**Silk**  
Organic Soymilk  
Unsweetened  
32 FL OZ  
Selected Varieties

**\$2.49**  
SRP: \$3.69



**One Degree**  
Organic Foods  
Organic Vegan  
Sprouted Brown  
Rice Crisps  
Cacao  
10 OZ  
Selected Varieties

**\$3.79**  
SRP: \$6.19



**Wild Planet**  
Wild Albacore  
Tuna  
5 OZ  
Selected Varieties

**\$3.49**  
SRP: \$5.39



**Bob's Red Mill**  
Oatmeal Cup  
Apple Cinnamon  
2.36 OZ

**\$1.79**  
SRP: \$2.69



**Kashi**  
Cereal  
Cinnamon  
French Toast  
10 OZ

**2/\$7**  
SRP: \$6.49



**Prince Of Peace**  
Ginger Chews  
Mandarin Orange  
3 OZ  
Selected Varieties

**\$1.79**  
SRP: \$2.39



**Pirate Brands**  
Pirate's Booty  
Aged White  
Cheddar  
12/5 OZ

**\$5.99**  
SRP: \$9.35



**Sweetwood**  
Beef Jerky  
Original  
1.75 OZ  
Selected Varieties

**\$4.99**  
SRP: \$6.39



**Enjoy Life**  
Soft Baked  
Mini Cookies  
Chocolate Chip  
6 OZ  
Selected Varieties

**\$3.99**  
SRP: \$5.19



**Kinnikinnick**  
Wafers  
Vanilla  
6.3 OZ

**\$2.79**  
SRP: \$4.19



**Doctor Kracker**  
Organic  
Crispbreads  
Seedlander  
7 OZ  
Selected Varieties

**2/\$7**  
SRP: \$4.69



**Annie's Homegrown**  
Organic Macaroni  
& Cheese  
Whole Wheat Shells  
& White Cheddar  
6 OZ  
Selected Varieties

**2/\$5**  
SRP: \$4.19



**Crofter's**  
Organic  
Premium Spread  
Berry Harvest  
16.5 OZ  
Selected Varieties

**\$3.99**  
SRP: \$6.59



**Tinkyada**  
Pasta  
Brown Rice  
Spaghetti  
16 OZ  
Selected Varieties

**\$2.99**  
SRP: \$4.49



**Gaea**  
Organic Olives  
Snack Pack  
Pitted Green  
2.3 OZ  
Selected Varieties

**2/\$5**  
SRP: \$3.39



**Maranatha**  
Natural Foods  
Almond Butter  
Creamy  
12 OZ  
Selected Varieties

**\$7.49**  
SRP: \$12.59



Organic Apricots  
Large Turkish  
**\$4.29/lb**  
SRP: \$5.87

100% Organic Prunes  
Pitted  
**\$8.99/lb**  
SRP: \$12.13

100% Organic Almonds  
Raw  
**\$10.59/lb**  
SRP: \$14.32

100% Organic Beans  
Adzuki  
**\$1.49/lb**  
SRP: \$1.99



**Alba Botanica**  
Natural  
Acnedote Wash  
Deep Pore  
6 FL OZ  
**\$6.99**  
SRP: \$11.19



*make your  
skin bloom*  
**Thayers**  
Witch Hazel  
Facial Toner Mist  
Rose Petal  
8 FL OZ  
Selected Varieties  
**\$7.99**  
SRP: \$10.95



**Herbatint**  
Permanent  
Herbal Haircolor  
Gel  
3N Dark Chestnut  
4 FL OZ  
Selected Varieties  
**\$12.99**  
SRP: \$17.99



**Desert Essence**  
Whiting Plus  
Toothpaste  
Cool Mint  
6.25 OZ  
Selected Varieties  
**\$4.99**  
SRP: \$6.99



**Nutrition Now**  
PB8  
Digestive Health  
120 CAP  
Selected Varieties  
**\$14.99**  
SRP: \$27.49



**Kyolic**  
Cholesterol  
Lecithin Formula  
104  
200 CAP  
**\$18.49**  
SRP: \$26.69



**Boiron**  
Quietude  
Sleep Aid  
60 TAB  
**\$8.49**  
SRP: \$13.19



**Chandrika**  
Bar Soap  
Ayurvedic  
2.65 OZ  
**99¢**  
SRP: \$1.49

**BOXED WATER IS BETTER.**

**Boxed Water Is Better**  
Water  
Purified  
16.9 FL OZ  
**5/\$5**  
SRP: \$1.69



**Hyland's**  
Homeopathic  
4 Kids Oral  
Pain Relief  
125 TAB  
**\$7.49**  
SRP: \$10.59



**Hyland's Homeopathic**  
4 Kids Oral Pain  
Relief  
Nighttime  
125 TAB  
**\$7.99**  
SRP: \$11.19