

Discover | Healthy Advantage™

November 2018



Imagine Foods
Organic Gravy
Roasted Turkey Flavored
13.5 FL OZ
Select Varieties

\$1.99
SRP: \$2.99



TILLER & RYE

— LOCAL GROCER —

20 South Main Street • Brewer, Maine • (207) 573-4022
Open: Monday - Saturday 8am - 8pm
www.TillerAndRye.com



Arrowhead Mills
Organic Stuffing
Savory Herb
10 OZ

2/\$6
SRP: \$4.89



Enjoy Life
Chocolate Morsels
Dark
9 OZ
Select Varieties

\$4.79
SRP: \$6.89



If You Care
Parchment Baking Paper
70 SQ FT

\$4.49
SRP: \$6.89



Imagine Foods
Organic Free Range Chicken Broth
Low Sodium
32 FL OZ
Select Varieties

2/\$4
SRP: \$4.99



Mountain Valley
Spring Water
1 LTR

2/\$4
SRP: \$2.75



Nutiva
Organic Shortening
15 OZ

\$5.79
SRP: \$7.69



Pukka Herbal Teas
Organic Tea
Three Ginger
20 BAG
Select Varieties

\$4.49
SRP: \$6.75



Spectrum Naturals
Organic Extra Virgin Olive Oil
Mediterranean
33.8 FL OZ

\$12.99
SRP: \$18.99



Look inside for these featured brands



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Vital Farms
Pasture Raised
Butter
Sea Salted
8 OZ

\$3.99
SRP: \$5.09

GF



Kevita
Organic Master
Brew Kombucha
Pineapple Peach
15.2 FL OZ
Select Varieties

\$2.49
SRP: \$3.79

GF



Organic Valley
Organic Grassmilk
Half & Half
Ultra Pasteurized
16 FL OZ

\$2.99
SRP: \$4.19

GF

FEATURED BRAND



Silk
Original Nog
32 FL OZ

\$2.99
SRP: \$4.29



Just
Mayo
Original
16 FL OZ

\$4.99
SRP: \$6.69

GF



Nada Moo
Organic Dairy-Free
Frozen Dessert
Lotta Mint Chip
PINT
Select Varieties

\$5.49
SRP: \$7.59

GF



Stonyfield Farm
Organic 0% Fat
Smooth & Creamy
Yogurt
Plain
32 OZ
Select Varieties

\$3.99
SRP: \$5.99

GF

FEATURED BRAND



Wallaby Organic
Organic Aussie
Smooth Whole Milk
Yogurt
Plain
32 OZ

2/\$7
SRP: \$6.59

GF

Meatless Holiday



Field Roast
Celebration Roast
1 LB

\$6.69
SRP: \$8.69



Quorn Foods
Meatless Dinner
Turk'y Roast
16 OZ

\$6.79
SRP: \$9.89



House Foods
Noodles
Tofu Shirataki
Spaghetti
8 OZ
Select Varieties

\$1.99
SRP: \$2.75



Woodstock
Organic Frozen
Vegetables
Tri-Colored Peppers
10 OZ
Select Varieties

\$2.99
SRP: \$3.69

GF

FEATURED BRAND



Cascadian Farm
Organic Frozen
Vegetables
Broccoli Florets
10 OZ
Select Varieties

2/\$5
SRP: \$3.69

GF

FEATURED BRAND



Cascadian Farm
Organic Frozen
Vegetables
Sweet Peas
10 OZ
Select Varieties

2/\$5
SRP: \$3.69

GF



Daiya Foods Inc
Frozen Pizza
Cheese Lover's
15.7 OZ
Select Varieties

\$7.29
SRP: \$10.69

GF

FEATURED BRAND



Immaculate Baking
Organic Rolls
Crescent
8 OZ

\$2.49
SRP: \$5.49

GF

FEATURED BRAND



Immaculate Baking
Organic
Cinnamon Rolls
17.5 OZ

\$3.29
SRP: \$7.49

GF





Ener-G Foods
Egg Replacer
16 OZ

\$5.99
SRP: \$8.99



Let's Do Organic
100% Organic
Shredded Coconut
Unsweetened
8 OZ
Select Varieties

\$2.79
SRP: \$3.89



San Pellegrino
Sparkling
Mineral Water
750 ML

\$1.79
SRP: \$2.79



Vita Coco
Coconut Water
Pure
1 LT

2/\$7
SRP: \$5.89



Alter Eco Americas
Organic Dark
Chocolate Truffles
Mint Creme
4.2 OZ
Select Varieties

\$6.49
SRP: \$9.59



Bark Thins
Snacking Dark
Chocolate
Almond Bark with
Sea Salt
4.7 OZ
Select Varieties

\$3.79
SRP: \$5.39



Smashmallow
Marshmallow
Rice Treats
Cinnamon Churro
6/1.15 OZ
Select Varieties

\$3.79
SRP: \$5.29

Traditional Side Dish



Westbrae Natural
Organic Sweet
Corn
Golden
15.25 OZ
Select Varieties

\$1.99
SRP: \$3.09



Glutenfreeda
Oatmeal
Variety Pack
11.2 OZ
Select Varieties

\$3.79
SRP: \$5.99



Annie's Homegrown
Organic Graham
Crackers
Honey
14.4 OZ

\$4.29
SRP: \$6.49



Lundberg Family Farms
Risotto
Creamy Parmesan
5.5 OZ
Select Varieties

2/\$5
SRP: \$3.69



Near East
Rice Pilaf
Original
6 OZ
Select Varieties

\$1.79
SRP: \$2.99



Santa Cruz Organic
Organic Apple
Sauce
Cinnamon
23 OZ
Select Varieties

\$3.29
SRP: \$5.39



Vita Coco
100% Organic
Coconut Oil
Unrefined
14 FL OZ

\$6.29
SRP: \$9.99



Vita Coco
100% Organic
Coconut Oil
Unrefined
14.2 FL OZ

\$6.29
SRP: \$9.99



Ecover
Dish Soap
Fragrance Free
25 FL OZ
Select Varieties

2/\$7
SRP: \$5.39



Andean Dream
100% Organic
Quinoa Pasta
Spaghetti
8 OZ
Select Varieties

\$3.79
SRP: \$5.39



Annie Chun's
Brown Rice
Noodles
Pad Thai
8 OZ
Select Varieties

\$2.79
SRP: \$4.29



Fischer & Wiewer
Sauce
Roasted Raspberry
Chipotle
15.75 OZ

\$6.49
SRP: \$9.59

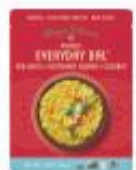


Purest Salt On Earth



Himala salt
Organic
Himalayan Salt
Garlic
6 OZ

\$5.99
SRP: \$8.29



Maya Kaimal
Organic Everyday
Dal
Red Lentil,
Butternut Squash,
Coconut
10 OZ
Select Varieties

2/\$7
SRP: \$5.09



Pacific Natural Foods
Organic Free
Range Chicken
Broth
Low Sodium
32 FL OZ
Select Varieties

2/\$7
SRP: \$5.29



**Wholesome
Sweeteners**
Organic Stevia
Individual Packets
75 CT

\$3.99
SRP: \$6.69



**Wholesome
Sweeteners**
Organic Sugar
Light Brown
24 OZ

\$3.99
SRP: \$6.39



Muir Glen
Organic Tomatoes
Diced
28 OZ
Select Varieties

2/\$5
SRP: \$3.99





Organic Cranberries
Sweetened

\$5.89/lb

SRP: \$7.99

Organic Chocolate Chips
Dark

\$6.89/lb

SRP: \$9.39

Sliced Almonds
Raw

\$5.89/lb

SRP: \$7.94

Lundberg
Family Farms
Organic Rice
Wild Blend

\$3.79/lb

SRP: \$5.49



Andalou Naturals
1000 Roses Beautiful
Day Cream
Sensitive
1.7 FL OZ

\$15.99

SRP: \$24.95



Acure
Body Beautiful Shampoo
Pear & Fig
12 FL OZ
Select Varieties

\$6.99

SRP: \$9.99



Avalon Organic
Smooth Shine
Shampoo
Apple Cider Vinegar
11 FL OZ
Select Varieties

\$7.99

SRP: \$11.75



Giovanni Hair Care Products
2Chic Frizz Be Gone
Shampoo
Shea Butter + Sweet Almond
8.5 FL OZ

\$5.49

SRP: \$8.99



Herbatint
Permanent Herbal
Haircolor Gel
3N Dark Chestnut
4 FL OZ
Select Varieties

\$12.49

SRP: \$17.99



Himalayan Chandra
Ceramic Neti
Pot
CT

\$11.99

SRP: \$16.99



Thayers
Body Bar
Witch Hazel and
Rose Petal
5 OZ
Select Varieties

2/\$7

SRP: \$5.09



Yerba Prima
Daily Fiber
Formula
12 OZ

\$8.99

SRP: \$13.29



Nature's Answer
Sambucus Mega
Gummies
7X Elderberry
30 CT

\$20.49

SRP: \$30.19



Quantum Research
Organic TheraZinc
Lozenges
Elderberry Raspberry
18 CT

\$3.99

SRP: \$6.09



Similasan
Kids Cold & Mucus
Relief
Grape Flavor
4 FL OZ

\$6.99

SRP: \$10.39



American Health
Ester-C 500
With Citrus
Bioflavonoids
120 CAP

\$12.49

SRP: \$19.09

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