

Discover

Healthy Advantage™

December 2018

Spectrum Naturals Organic Extra Virgin Olive Oil is a robust, fruity aroma with a rich nutty flavor. Tantalizing drizzled over a Caprese Salad, in sautés like Chicken Piccata, or on its own with a fresh loaf of crusty Italian bread.

mangia



Spectrum Naturals
Organic
Olive Oil
Extra Virgin
25.4 FL OZ

\$10.49
SRP: \$16.99



TILLER & RYE

LOCAL GROCER

20 South Main Street • Brewer, Maine • (207) 573-4022
Open: Monday - Saturday 8am - 8pm
www.TillerAndRye.com



Arrowhead Mills
9 Inch Pie Crust
Graham Cracker
6 OZ

\$2.99
SRP: \$4.59



Mountain Valley Spring
Spring Water
1 LTR
Select Varieties

2/\$4
SRP: \$2.75



Gerolsteiner
Sparkling
Apple Drink
25.3 FL OZ

2/\$4
SRP: \$2.89



Chocolove Xoxox
70% Dark
Chocolate Bar
Strong
3.2 OZ
Select Varieties

2/\$5
SRP: \$3.69



Look inside for these featured brands



Krave
Beef Jerky
Pink Pepper corn
2.7 OZ
Select Varieties

\$5.49
SRP: \$6.99



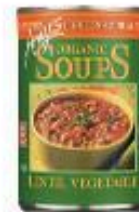
Kettle Brand
Organic
Potato Chips
Sea Salt
5 OZ
Select Varieties

2/\$5
SRP: \$3.99



Green Forest
Facial Tissues
175 CT

2/\$4
SRP: \$3.05



Amy's
Organic
Light in Sodium
Soup
Lentil Vegetable
14.5 OZ
Select Varieties

\$3.29
SRP: \$3.99



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Gts Kombucha
Organic
Enlightened
Kombucha
Gingerade
16 FL OZ
Select Varieties

2/\$6

SRP: \$4.29



Lifeway Kefir
Organic Elixir
Elderberry
12.3 FL OZ
Select Varieties

\$2.29

SRP: \$3.79



Milk
Pure Almond
Milk
Unsweetened
28 FL OZ
Select Varieties

\$5.49

SRP: \$7.99



Mt Vikos
Feta Cheese
Traditional
7 OZ

\$4.29

SRP: \$6.49



Earth Balance
Buttery Spread
Original
15 OZ

\$3.99

SRP: \$6.49



Kerrygold
Butter Bar
Salted
8 OZ
Select Varieties

\$3.99

SRP: \$5.19



Nasoya Foods
Won Ton Wraps
12 OZ

\$2.29

SRP: \$3.39



Ciao Bella
Dairy Free
Sorbetto
Chocolate
16 FL OZ
Select Varieties

\$4.49

SRP: \$6.45



Woodstock
Organic Frozen
Vegetables
Tri-Colored Peppers
10 OZ
Select Varieties

\$2.49

SRP: \$3.69



Ling Ling
Mini Spring
Rolls
Vegetable
11 OZ

\$4.49

SRP: \$6.35



Tandoor Chef
Jumbo Samosa
with Chutney
11 OZ

2/\$6

SRP: \$4.19



Arrowhead Mills
Organic
All Purpose
Flour
Unbleached
5 lb

\$3.99

SRP: \$7.99



Lily's Sweets
Baking Chips
Dark Chocolate
9 OZ

\$5.49

SRP: \$7.99



Spectrum Naturals
Organic
Shortening
All-Vegetable
24 OZ

\$6.99

SRP: \$9.59



Xyla
All Natural
Sweetener
1 lb

\$6.99

SRP: \$9.89



Izze
Sparkling Juice
Beverage
Blackberry
4/12 FL OZ
Select Varieties

2/\$8

SRP: \$7.29



R.W. Knudsen
Crisp Apple Cider
Sparkling
750 ML
Select Varieties

\$2.99
SRP: \$4.89



Numi Tea
Organic Green Tea
Jasmine
18 BAG
Select Varieties

\$5.49
SRP: \$8.09



FEATURED BRAND



Prince Of Peace
100% Organic
Green Tea
100 BAG
Select Varieties

\$5.79
SRP: \$7.99



Bela-Olhao Sardines
Portuguese
Sardines
Lightly Smoked
in Olive Oil
4.25 OZ
Select Varieties

\$2.49
SRP: \$3.89



Peeled
Organic Peas
Please
Sea Salt
3.3 OZ
Select Varieties

2/\$4

SRP: \$3.29



Wow Baking
Cookies
Chocolate Chip
8 OZ
Select Varieties

\$4.49

SRP: \$6.69



FEATURED BRAND



Mary's Gone Crackers
Organic Crackers
Original
6.5 OZ
Select Varieties

2/\$8

SRP: \$6.39



FEATURED BRAND



Mary's Gone Crackers
Organic Real Thin
Crackers
Garlic Rosemary
5 OZ
Select Varieties

2/\$7

SRP: \$5.59



FEATURED BRAND



Lundberg Family Farms
Organic Whole Grain
Rice & Seasoning Mix
Spanish Rice
6 OZ
Select Varieties

2/\$5

SRP: \$4.09



FEATURED BRAND



Lundberg Family Farms
Organic Whole Grain
Rice & Seasoning Mix
Yellow Rice
6 OZ
Select Varieties

2/\$5

SRP: \$4.09



Patience Fruit & Co
Organic
Whole Dried
Cranberries
Sweetened with
Apple Juice
4 OZ

\$3.49

SRP: \$4.79



Felicia Organic
100% Organic
Buckwheat Pasta
Penne
8 OZ
Select Varieties

\$3.79

SRP: \$4.99



Cardini's
Dressing
Original Caesar
12 FL OZ
Select Varieties

\$3.29

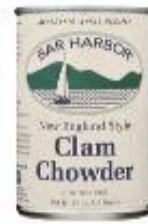
SRP: \$4.69



Desert Pepper Trading
Black Bean Dip
Spicy
16 OZ
Select Varieties

2/\$7

SRP: \$5.39



Bar Harbor
Clam Chowder
New England Style
15 OZ
Select Varieties

\$3.29

SRP: \$4.59



Simply Organic
Organic Savory
Herb Seasoning
Turkey Rub
2.43 OZ

\$4.79

SRP: \$6.99



Spice Hunter
100% Organic
Poultry
Seasoning
Salt Free
1.1 OZ

\$3.49

SRP: \$5.49



FEATURED BRAND



Simply Organic
Organic Cinnamon
2.45 OZ

\$4.29

SRP: \$6.29





buy in bulk

Organic Cranberries
Sweetened

\$5.89/lb

SRP: \$7.99

Organic Oats
Regular Rolled

\$0.99/lb

SRP: \$1.41

Organic Popcorn
Yellow

\$1.39/lb

SRP: \$1.99

Deluxe Mixed Nuts
Roasted & Salted

\$12.09/lb

SRP: \$15.47

Lundberg
Family Farms
Organic Brown Rice
Short Grain

\$1.79/lb

SRP: \$2.69

FEATURED BRAND



Prince Of Peace
Ginger Chews
Original
4.4 OZ
Select Varieties

\$1.69

SRP: \$2.39



Pur Gum
Sugar-Free
Chewing
Gum
Cinnamon
12.6 GRM
Select Varieties

4/\$5

SRP: \$1.99



BioKleen
Stain + Odor
Remover
Bac-Out
32 FL OZ

\$6.49

SRP: \$9.89



Twist
Naked
Sponge
CT

2/\$4

SRP: \$2.99

Durable
Tableware



Preserve
Large
On The Go
Plates
Apple Green
8 CT

\$4.99

SRP: \$7.79

Sai Baba
Incense
Saiya Sai Baba
Nag Champa
15 GRM

\$1.79

SRP: \$3.29

Good Boy



Buckley
Hip & Joint
Dog Jerky
Chicken Recipe
5 OZ
Select Varieties

\$4.99

SRP: \$7.35



Halo Purely For Pets
Adult Dry
Cat Food
Holistic Chicken
& Chicken Liver
Recipe
3 LB

\$15.49

SRP: \$23.09



Alba Botanica
Natural
Acnedote
Wash
Deep Pore
& FL OZ

\$6.99

SRP: \$11.19



Andalou Naturals
Silky Smooth
Shampoo
Exotic Manuka Oil
11.5 FL OZ
Select Varieties

\$6.49

SRP: \$9.95



Naturtint
Permanent
Hair Color
5N Light Chestnut
5.6 FL OZ
Select Varieties

\$10.99

SRP: \$17.99



Aura Cacia
Skin Care Oil
Nurturing
Sweet Almond
4 FL OZ

\$3.49

SRP: \$5.99



Sappo Hill Soapworks
Glycerine
Creme Soap
Black Bamboo
Activated Charcoal
3.5 OZ

\$1.29

SRP: \$2.39



Lily Of The Desert
Aloe Herbal
Stomach
Formula
Fresh Mint
32 FL OZ

\$12.99

SRP: \$19.49



Yerba Prima
Women's
Renew Internal
Cleansing System
CT

\$19.99

SRP: \$29.99



Boiron
Chestal Adult
Cough Syrup
Cold & Cough
6.7 FL OZ

\$8.49

SRP: \$11.99

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